



Making  
**POSITIVE**  
**CHOICES**

**Youth Community  
Resource Book**



# HELP IS ON THE WAY!

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Navigating through the teen years can be challenging at times. School is supposed to be an environment that is safe and designed for learning. But sometimes it can be really hard to learn—especially when you’re dealing with issues at home or outside of school that really stress you out. However, there never is a reason that you should have to handle it alone. In addition to “just teachers” schools are full of staff, faculty and volunteers who either are trained to assist you themselves or even more importantly can direct you to the appropriate places to help you get the help you need. The best person to start with is the person you feel most comfortable with; because we’re all different we have different experiences, and the people we connect with may vary.

Once you’ve identified the person you feel most comfortable with, you can trust that they are going to do their best to steer you in the right direction. Nowadays practically every adult working in a school had been trained on how to support and direct students – so you shouldn’t have to worry about saying anything that will cause them to freak out. We’ve compiled a list of some of people you can feel comfortable talking to about the things you are experiencing. Most schools have at least one or more people in the following titles:

Activities and Club Coordinators  
Guidance Counselors  
Child Study Team/ Psychologist  
Principals/ Administrative Team  
ROTC Instructors  
School Nurse  
School Social Worker  
Substance Abuse Counselor/ Student Assistance Coordinator  
Teachers/Teachers Aides  
Security Officers  
School Resource Officers  
School Bus Drivers  
School Based Youth Service Programs  
Trusted Peers

It’s really just a matter of asking. Don’t feel like you have to do it alone...

## Help is on the way!

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## **NJ 2-1-1**

Free; confidential; multi-lingual; TTY accessible; Available 24/7  
Dial 211 from any landline or cellphone

Provides comprehensive information and referral services to callers about a variety of issues, including: food banks, clothing, shelters, after school programs, Kids Care (health insurance programs), family resource centers, summer camps, recreation programs, mentoring, medical information lines, crisis intervention services, support groups, counseling, drug/alcohol intervention and rehabilitation, financial assistance, job training, transportation assistance and education programs.

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## **Christian Caring Center**

378 Lakehurst Road, Browns Mills, NJ 08015  
(609) 893-0700 Monday–Saturday 10 am–3 pm

Emergency food and clothing, thrift store and community lunch program.  
Bring proof of county residency

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## **The Lester A. Drenk Behavioral Health Center**

1289 Route 38, Hainesport, NJ 08036  
(609) 267-5656  
[www.drenk.org](http://www.drenk.org)

Provides emergency crisis intervention – SCIP (county screening center) and Mobile Response – 24 hr on call emergency service that comes to your home in cases of family crisis, outpatient therapy, and psychiatric services.

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## **Prevention Plus of Burlington County**

1824 Route 38 East, Suite B, Lumberton, NJ 08048  
(609) 261-0001  
[www.prevplus.org](http://www.prevplus.org)

Provides services for the prevention of alcohol abuse, tobacco, other drugs and related issues through education, collaboration, and advocacy.

## **Burlington County Health Department**

15 Pioneer Boulevard, Westampton, NJ 08060

(609) 265-5533

[www.co.burlington.nj.us](http://www.co.burlington.nj.us)

Confidential STD and HIV/AIDS counseling, testing and education services offered at no cost to county residents. Walk-in Clinics (no appointment necessary). (Tuesdays 3pm–5pm & Wednesdays 5pm–7pm)

## **WIC (Women, Infant & Children)**

Burlington County Health Department

15 Pioneer Boulevard, Westampton, NJ 08060

(609) 267-4304/4305

Nutritional counseling and supplemental foods to pregnant, new moms and nursing moms and their children through age 5. Eligibility is based on income and nutritional needs. WIC clinics are located at multiple sites within the county. Call for information.

## **Virtua Community Nursing Services**

Burlington County Health Department

15 Pioneer Boulevard, Westampton, NJ 08060

(609) 267-1950

Prenatal, postpartum and newborn education & home visits to eligible county women and children; well baby clinics for childhood immunizations; lead poisoning prevention; home visiting program; and school age and adult immunizations (flu, pneumonia, hepatitis, etc.).

## **Southern Jersey Family Medical Centers, Inc.**

2 locations in Burlington County

Buttonwood Center, 600 Pemberton-Browns Mills Rd.,  
Pemberton, NJ 08068

Burlington Center, 651 High Street, Burlington, NJ 08016  
(800) 486-0131

Pediatrics and well baby care, family medicine for the entire family and dental care.

## **AIDS Coalition of Southern New Jersey**

100 Essex Avenue, Suite 300, Bellmawr, NJ 08031

(800)229-2437

[www.acsnj.org](http://www.acsnj.org)

Provides support services for people infected or affected by HIV/AIDS.

## **School-Based Youth Services Program**

3 high schools in Burlington County – Burlington City High School, Pemberton Township High School and Willingboro High School.

Provides crisis intervention; individual and family counseling; primary and preventative health services; drug and alcohol abuse counseling; employment counseling; training and placement; summer and part-time job development; referrals to community-based services; recreation; mental health and family counseling services; pregnancy prevention programs; learning support services; services for Lesbian, Gay, Bisexual, Transgender, & Questioning students and violence prevention.

## **Burlington County College Dental Hygiene Center**

Lewis M. Parker Center

601 Pemberton Browns Mills Road (County Route 530)

(609) 894-9311 ext. 1074

Preventive services available: examinations, cleanings, fluoride treatments, x-rays and sealants. There is a nominal charge of \$5.00 per visit.

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## **Burlington County Parks and Recreation**

Burlington County Amphitheater

5 Pioneer Blvd., Westampton .....(609) 265-5858

Amico Island Park

Norman Ave., Delran .....(609) 265-5858

Historic Smithville Park

801 Smithville Road, Mt. Holly .....(609) 265-5858

Long Bridge Park

Deacon Road, Hainesport .....(609) 265-5858

Pennington Park

Creek Road, Delanco .....(609) 265-5858

Historic Prison Museum

128 High Street, Mt. Holly .....(609) 265-5858

Crystal Lake

Axe Factory Road, Mansfield .....(609) 265-5858

Boundary Creek Natural Resource Area, Moorestown

Creek Road, Moorestown.....(609) 265-5858

## **Burlington County Library Headquarters**

5 Pioneer Boulevard  
Westampton, NJ 08060  
(609) 267-9660  
<http://www.bcls.lib.nj.us>

### **Branch Libraries**

#### **Bordentown Library**

18 East Union Street  
Bordentown, NJ 08505  
(609) 298-0622

#### **Medford Library**

39 Allen Avenue  
Medford, NJ 08055  
(609) 654-6113

#### **Cinnaminson Library**

1619 Riverton Road  
Cinnaminson, NJ 08077  
(856) 829-9340

#### **Pemberton Library**

16 Broadway  
Browns Mills NJ 08015  
(609) 893-8262

#### **Evesham Library (Marlton)**

984 Tuckerton Road  
Marlton, NJ 08053

*(Located in the Evesham Municipal Building)*

(856) 983-1444

#### **Riverton Library**

306 Main Street  
Riverton, NJ 08077  
(856) 829-2476

#### **Maple Shade Library**

200 Stiles Avenue,  
Maple Shade, NJ 08052

*(Located in the Maple Shade Municipal Building)*

(856) 779-9767

### **Member Libraries**

#### **Beverly Library**

441 Cooper Street  
Beverly, NJ 08010  
(609) 387-1259

#### **Crosswicks Library**

483 Main Street,  
Crosswicks, NJ 08515  
(609) 298-6271

#### **Burlington Library**

23 West Union Street  
Burlington, NJ 08016  
(609) 386-1273

#### **Delanco Library**

M. Joan Pearson School  
1303 Burlington Avenue  
Delanco, NJ 08075  
(856) 461-6850

## **Member Libraries** *Continued*

### Florence Library

1350 Hornberger Ave.  
Roebing, NJ 08554  
(609) 499-0143

### Riverside Library

10 Zurbrugg Way  
Riverside, NJ 08075  
(856) 461-6922

### Mount Holly Library

307 High Street  
Mt. Holly, NJ 08060  
(609) 267-7111

### Vincentown Library

94 Main St.  
Vincentown, NJ 08088  
(609) 859-3598

### New Gretna Library

Bass River Elementary School  
North Maple Avenue  
New Gretna, NJ 08224  
(609) 296-6942

### Willingboro Public Library

220 Willingboro Parkway  
Willingboro Town Center  
Willingboro, NJ 08046  
(609) 877-6668  
<http://www.willingboro.org/>

## **The Animal Kingdom Zoo**

1800 Jacksonville Jobstown Road  
Bordentown, NJ 08505  
(609) 267-3111  
[www.animalkingdomnj.net](http://www.animalkingdomnj.net)

Open Monday-Saturday 10am-6pm and Sunday 10am-5pm.

## **Burlington County Council, Boy Scouts of America**

693 Rancocas Road  
Westampton, NJ 08060  
(609) 261-5850  
[www.bccbsa.org](http://www.bccbsa.org)

Develop character, citizenship, and personal fitness by focusing on a vigorous program of outdoor activities.

## **YMCA of Burlington County**

59 Centerton Road, Mt. Laurel, NJ 08054 – (856) 234-6200

302 Commerce Square Boulevard, Burlington, NJ 08016 – (609) 543-6200

Provides child care, after-school care, summer camp, pre-school/youth/teen/adult classes as well as fitness and aquatics programs, and programs specifically designed for cancer survivors. Financial aid assistance is provided for all programs.

### **Girl Scouts of South Jersey Pines**

(856) 795-1560

[www.gscsnj.org](http://www.gscsnj.org)

Offers girls 5-17 programs such as summer camps, cookie program, after school programming and mentoring.

### **Perkins Center for the Arts**

395 Kings Highway, Moorestown, NJ 08057

(856) 235-6488

[www.perkinscenter.org](http://www.perkinscenter.org)

Provides studio classes in the visual and performing arts, individual and group music lessons, and summer arts program.

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### **Burlington County Youth Opportunity Program**

795 Woodlane Road

Westampton, NJ 08060

(609) 518-0149

Provides tutoring, study skills training and basic skills instruction; alternative secondary school services or GED; occupational skills training (i.e. job search, resume preparation, job referral services, etc); mentoring and comprehensive guidance and counseling. Call to find out eligibility requirements.

### **The Camwercs Institute**

217 Black Horse Pike

Haddon Heights, NJ 08035

(856) 522-0639 x204

Work readiness training that helps students improve their job seeking skills while offering the opportunity to engage in vocational explorations.

## **Colleges & Universities in Burlington County**

### **Burlington County College – Pemberton Campus**

601 Pemberton – Browns Mills Road

Pemberton, NJ 08068

(609) 894-9311

[www.bcc.edu](http://www.bcc.edu)

### **Burlington County College – Mount Laurel Campus**

Route 38

Mount Laurel, NJ 08054

(856) 222-9311

[www.bcc.edu](http://www.bcc.edu)

## **Online Job Search**

[www.snagajob.com](http://www.snagajob.com)

[www.groovejob.com](http://www.groovejob.com)

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## **Crossroads Programs Inc.**

Trinity Place Host Homes

610 Beverly-Rancocas Road

Willingboro, NJ 08046

(609) 261-5400

(877) 874-4140 (After hours/weekend)

[www.crossroadsprograms.org](http://www.crossroadsprograms.org)

Provide a safe haven for runaway and homeless youth while helping work out family differences that may have lead to the running away or being kicked out. Help youth find services to assist them. If we can help the family work things out so that no one has to leave, we are certainly available before youth feels the need to run.

## **The Burlington County Community Partnership for Healthy Adolescents Program**

Burlington County Health Department

15 Pioneer Boulevard

Westampton, NJ 08060

(609) 265-5548

[www.co.burlington.nj.us/hap](http://www.co.burlington.nj.us/hap)

Youth Advisory Board that meets every other month at the Health Department. The board focuses on community service projects, promoting youth activism and youth involvement throughout Burlington County (ages 13-17).

## **The Bridge**

15 Washington Street

Mount Holly, NJ 08060

(856) 869-3122

[www.bridge1980.com](http://www.bridge1980.com)

Weekly drop-in sessions (Thursday Nights) from 7:30 pm sharp to 9 pm. Leadership & team training; wellness days & retreats; in-services & workshops; communication skills; self-esteem development; violence prevention and character education (ages 13–19).

## **T.E.A.M. (Teens Exposing Alcohol Myths)**

Prevention Plus of Burlington County, Inc.

1824 Route 38 East, Suite B, Lumberton, NJ 08048

(609) 261-0001

A youth-led coalition that meet once a month to discuss their ideas, thoughts, and plans for reducing alcohol use/abuse among youth in the county.

## **The Family Success Center**

45 High Street

Mount Holly, NJ 08060

(609)267-4001

[www.familysuccessburlco.org](http://www.familysuccessburlco.org)

Offers after-school tutoring; teen mentoring; babysitting certification classes; parenting classes for teen parents; volunteer opportunities for teens and clothing drive.

## **Big Brothers Big Sisters of Burlington/Camden/Gloucester Counties**

100 Dobbs Lane Suite 202  
Cherry Hill, NJ 08034-1436  
(856) 616-2340  
[www.bbbsa.org](http://www.bbbsa.org)

Youth ages 6-18 are matched with mentors in professionally supported one-to-one relationships.

## **Red Cross Youth Group**

### **American Red Cross of Burlington County**

1632 Route 38  
Lumberton, NJ 08048  
(609) 267-9595  
[penny@redcrossbcnj.org](mailto:penny@redcrossbcnj.org)

Calling all high school students (9th–12th grades) interested in meeting new people who share your views in helping in the community.

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## **Volunteer Center of Burlington County**

c/o Burlington County College  
Parker Center, Room 221  
601 Pemberton-Browns Mills Road  
Pemberton, NJ 08068  
(609) 894-9311 x 1492  
(856) 222-9311 x 1492  
[www.volunteercenterburlingtoncounty.org](http://www.volunteercenterburlingtoncounty.org)

Visit the website or call to connect to meaningful, rewarding volunteer opportunities throughout Burlington County. Volunteering can be done to fit your schedule.

## **2nd Floor Youth Helpline**

(888) 222-2228

2NDFLOOR is a youth helpline designed to listen, help and guide youth in addressing challenges. 24 hours a day, 7 days a week.

## **Contact of Burlington County Teenline**

(856) 234-0634

A teen to teen helpline. Monday-Friday, 4pm to 8pm

Provides non-judgmental confidential support. Allows teens to talk about the stressors in their lives and how to manage them.

## **Providence House – 24 Hour Domestic Violence Hotline**

(609) 871-7551 or (877) 871-7551

For victims and their children in need of crisis counseling and/or a safe haven from abuse, as well as information, appointments and referrals.

## **Contact of Burlington County Rape Care Program**

24-Hour Helpline

(856) 234-8888

[www.contactburlco.org](http://www.contactburlco.org)

Provides counseling and support for victims and their love ones of any sexual assault.

## **National Runaway Switchboard**

24-Hour Crisis Hotline

(800) 786-2929

[www.1800runaway.org](http://www.1800runaway.org)

Free/confidential crisis intervention and information and referrals.

## **National Suicide Prevention Lifeline**

(800) 273-Talk (8255)

Call if you are in suicidal crisis or emotional distress or if you are concerned about some one you care about.

## **Tree House Haven**

24-Hour Everyday

(856) 630-8642

[www.treehousehaven.org](http://www.treehousehaven.org)

Confidential resource and support for victims of domestic violence and their families. We understand and respect your need for confidentiality.





Burlington County Community  
Partnership for Healthy Adolescents

This Community Resource Book was prepared by the Burlington County Health Department–Community Partnership for Healthy Adolescents Program.  
All information is subject to change. Compiled in September 2009.

If you know of any organization or community resource to add to this Community Resource Book, please email [efrancis@co.burlington.nj.us](mailto:efrancis@co.burlington.nj.us).

To learn more about the Partnership click on: [www.co.burlington.nj.us/hap](http://www.co.burlington.nj.us/hap)

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*Getting You There.  
For 40 Years.*

**[www.bcc.edu](http://www.bcc.edu)**