#### Unit 1: Biological Pillar

## **Stage 1: Desired Results**

#### **Standards & Indicators:**

#### **Biological Bases of Behavior**

- 1. Structure and function of the nervous system and endocrine system in human and non-human animal
- 2. The interaction between biological factors and experiences

#### Sensation

- 1. The functions of sensory systems
- 2. The capabilities and limitations of sensory processes

#### Consciousness

- 1. The different states and levels of consciousness
- 2. Characteristics and functions of sleep and theories that explain why we sleep and dream
- 3. Categories of psychoactive drugs and their effects

#### Health

- 1. Stress and coping
- 2. Psychological science promotes mental and physical health and wellness

	Career Readiness, Life Litera	cies and Key Skills	
Standard	Performance Expectat	ons	Core Ideas
9.1.12.FP.3	psychological distance) to meeting financial goals,		ological behavioral biases, sychology, and unconscious eliefs affect financial
9.1.12.FP.4	Identify how unconscious beliefs like "money scripts" (money avoidant, money worship, money status, money vigilant) influence financial decision-making.		ecision-making.
9.1.12.FP.5	Evaluate how behavioral bias (e.g., overconfidence,confirmation, recency, loss aversion, etc.) affects decision-making.		
9.1.12.FP.6	Evaluate the relationship of familial cultural traditions, and historical inf financial practice.		
Control Idea/Enduring	Understanding Essential	Cuiding Question	

#### **Central Idea/Enduring Understanding:**

- A. Psychological science relies on empirical evidence and adapts as new data develop.
- B. Psychology explains general principles that govern behavior while recognizing individual differences.
- C. Psychological, biological, social, and cultural factors influence behavior and mental processes. D. Psychology values diversity, promotes equity, and fosters inclusion in pursuit of a more just society.
- D. Our perceptions and biases filter our experiences of the world through an imperfect personal lens.

#### **Essential/Guiding Question:**

How do biological systems, sensory experiences, and states of consciousness interact to influence behavior and contribute to our understanding of psychological disorders?

- E. Applying psychological principles can change our lives, organizations, and communities in positive ways.
- F. Ethical principles guide psychology research and practice.

#### **Content:**

- 1. Neurons and Neurotransmitters: How the brain communicates with the body.
- 2. The Brain: Major parts of the brain and their functions (lobes, limbic system).
- 3. Endocrine System: Hormones and their psychological impact.
- 4. Genetics: Nature vs. nurture, twin studies.
- 5. The relationship between conscious and unconscious processes
- 6. Characteristics of sleep and theories that explain why we sleep and dream
- 7. Categories of psychoactive drugs and their effects
- 8. Other states of consciousness
- 9. Stress coping mechanism
- 10. The relationship between Stress and anxiety

### Skills(Objectives):

#### **Biological Bases of Behavior**

CONTENT STANDARD 1 Structure and function of the nervous system and endocrine system in human and non-human animals

Students are able to (learning targets):

- 1.1. Identify the major divisions and subdivisions of the human nervous system and their functions
- 1.2. Identify the parts of the neuron and describe the basic process of neural transmission
- 1.3. Describe the structures and functions of the various parts of the central nervous system
- 1.4. Explain the importance of plasticity of the nervous system
- 1.5. Describe the function of the endocrine glands and their interaction with the nervous system
- 1.6. Identify methods and tools used to study the nervous system

CONTENT STANDARD 2 The interaction between biological factors and experiences

Students are able to (learning targets):

- 2.1. Describe concepts in behavioral genetics and epigenetics
- 2.2. Describe the interactive effects of heredity and environment
- 2.3. Explain general principles of evolutionary psychology

#### Sensation

- 1.1. Explain the process of sensory transduction
- 1.2. Explain the basic concepts of psychophysics such as threshold and adaptation
- 2.1. Identify different stimuli for which humans have sensory receptors and explain what this means for their sensory abilities
- 2.2. Describe the visual sensory system
- 2.3. Describe the auditory sensory system
- 2.4. Describe chemical and tactile sensory systems

#### Consciousness

- 1.1. Identify states of consciousness
- 1.2. Distinguish between processing that is conscious (i.e., explicit) and other processing that happens without conscious awareness (i.e., implicit)

- 1.3. Identify the effects of meditation, mindfulness, and relaxation
- 1.4. Describe characteristics of and current conceptions about hypnosis
- 2.1. Describe the circadian rhythm and its relation to sleep
- 2.2. Describe the sleep cycle
- 2.3. Compare theories about the functions of sleep and of dreaming
- 2.4. Describe types of sleep disorders
- 3.1. Characterize the major categories of psychoactive drugs and their effects
- 3.2. Describe how psychoactive drugs work in the brain
- 3.3. Describe the physiological and psychological effects of psychoactive drugs

#### Health

CONTENT STANDARD 1 Stress and coping Students are able to (learning targets):

- 1.1. Define stress as a psychophysiological response to the environment
- 1.2. Explain sources of stress across the life span
- 1.3. Explain physiological and psychological consequences of stress for health and wellness
- 1.4. Explain physiological, cognitive, and behavioral strategies to deal with stress

CONTENT STANDARD 2 Psychological science promotes mental and physical health and wellness Students are able to (learning targets):

- 2.1. Describe factors that promote resilience and flourishing
- 2.2. Identify evidence-based strategies that promote health and wellness

#### **Interdisciplinary Connections:**

This unit on Biological Bases of Behavior, Sensation, and Consciousness connects deeply with several other disciplines. In biology, students will draw on their understanding of the nervous and endocrine systems to explore how these structures regulate behavior and mental processes. The study of chemistry contributes to the understanding of neurotransmitters, hormones, and the chemical interactions that influence mood, cognition, and behavior. Health science informs the examination of psychological disorders by providing insights into diagnostic practices, treatment, and the mind-body connection. Additionally, philosophy and sociology play roles in examining how consciousness and behavior are shaped not only by biological factors but also by societal norms, experiences, and individual perspectives on abnormal behavior. This interdisciplinary approach helps students develop a holistic understanding of psychology as both a biological and social science.

## **Stage 2: Assessment Evidence**

#### **Performance Task(s):**

Students will engage in a learning activity or assessment that asks them to perform to demonstrate their knowledge, understanding and

#### **Other Evidence:**

Reaction Paper Writing: analyzing articles reflecting content concepts

proficiency. The task will yield a tangible product and/ or performance that serves as evidence of learning.

- History of psychology timeline
- Posters on research methods
- Debate on ethics of psychology
- Role-play activity on the process of neurotransmission
- Build a 3-D model of the brain
- Analyze a famous case study
- Simple experiment to show the scientific method

Extension Assignments: Using the library databases find and share additional evidence to a single concept contained in the unit

Complete a DBQ using bell curves and scatter plots relating to college admittance

Design, implement, and analyze a school-based survey

Tests Quizzes

# Stage 3: Learning Plan

## **Learning Opportunities/Strategies:**

Small and large group discussions Individual and group projects

**Debates** 

Seminars

Jigsaw Cooperative Learning

Note taking from primary and secondary sources

Create multimedia presentations

Report writing

View contemporary movies to analyze for validity and credibility according to the APA Code of Ethics

Fishbowl discussions

Exit slips

Guest speakers working in various subfields of

psychology Role plays

**Demonstrations/Experiments** 

Tests and Quizzes Case Study analysis

Interviews

Use of graphic Organizers to illustrate concepts

**Resources:** 

Kasschau, R. A. (2014). Understanding Psychology.

McGraw--Hill Education.

APA.org

GLSEN Educator Resources

Supporting LGBTQIA Youth Resource List

Respect Ability: Fighting Stigmas, Advancing

**Opportunities** 

Learning for Justice

Student selected articles from Pemberton High School library.

Crashcourse video series.

Kahoot vocabulary flashcards

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2002

Best Psychology Blogs and Websites

https://www.psypost.org/2016/09/top-best-psychology-websites

-articles-information-44974

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<u>Differentiation</u> \*Please note: Teachers who have students with 504 plans that require curricular accommodations are to refer to Struggling and/or Special Needs Section for differentiation.

High-Achieving Students	On Grade Level Students	Struggling Students	Special Needs/ELL
Learning Contracts	Audio Recordings	Audio Recordings	Any student requiring further
Alternative Assessments	Centers/Stations	Centers/Stations	accommodations and/or
Anchor Activities	Curriculum	Curriculum Compacting	modifications will have them

	1	1	1
Audio Recordings	Compacting	Flexible Grouping	individually listed in their 504 Plan
Centers/Stations	Flexible Grouping	Games	or IEP. These might include, but
Curriculum Compacting	Games	Homework Options	are not limited to: breaking
Flexible Grouping	Homework Options	Instructional Ladders	assignments into smaller tasks,
Games	Instructional Ladders	Menus/Agendas	giving directions through several
Homework Options	Menus/Agendas	Multiple Intelligence	channels (auditory, visual,
Instructional Ladders	Multiple Intelligence	Options	kinesthetic, model), and/or small
Menus/Agendas	Options	Performance	group instruction for
Multiple Intelligence	Performance	Assessments	reading/writing
Options	Assessments	Question Choices	
Performance	Question Choices	Reading Buddies	ELL supports should include, but
Assessments	Scaffolding	Scaffolding	are not limited to, the following:
Question Choices	Simulations	Simulations	Extended time
Reading Buddies	Tiered Activities	Tiered Activities	Provide visual aids
Scaffolding	Tiered Rubrics	Tiered Rubrics	Repeated directions
Simulations	Varied Organizers	Varied Organizers	Differentiate based on proficiency
Tiered Activities	Varied Pacing	Varied Pacing	Provide word banks
Tiered Rubrics	Varied Products	Varied Products	Allow for translators, dictionaries
Varied Organizers	Varied Questions	Varied Questions	
Varied Pacing	Varied Texts	Varied Texts	
Varied Products	Videos	Videos	
Varied Questions	Webquests	Webquests	
Varied Texts			
Videos			
Webquests			

## **Unit 2: Cognition Pillar**

# **Stage 1: Desired Results**

## **Standards & Indicators**:

# Cognition

- 1. Fundamental processes of thinking and problem-solving
- 2. Effective thinking processes

#### Memory

- 1. Processes of memory
- 2. Factors influencing memory

## Perception

- 1. The process of perception
- 2. The interaction between the person and the environment in determining perception

## Intelligence

- 1. Perspectives on intelligence
- 2. Assessment of intelligence
- 3. Issues in intelligence

Career Readiness, Life Literacies and Key Skills				
Standard Performance Expectations Core Ideas				
9.1.12.FP.3	Relate the concept of delayed gratification (i.e.,psychological distance) to meeting financial goals, investing and building wealth	The ability to assess external information is a necessary skill to make informed decisions aligned to		

	over time.	one's goals.	
9.1.12.FP.5	Evaluate how behavioral bias (e.g., overconfidence, confirmation, recency, loss aversion, etc.) affects decision-making.		
9.2.12.CAP.3	Investigate how continuing education contributes to one's career and personal growth.	Career planning requires purposeful planning based on research, self-knowledge, and informed choices.	
9.2.12.CAP.5	Assess and modify a personal plan to support current interests and postsecondary plans.		
9.2.12.CAP.6	Identify transferable skills in career choices and design alternative career plans based on those skills.		
9.4.12.Cl.1	Demonstrate the ability to reflect, analyze, and use creative skills and ideas (e.g., 1.1.12prof.CR3a).	With a growth mindset, failure is an important part of success.	
9.4.12.CI.2	Identify career pathways that highlight personal talents, skills, and abilities (e.g.,1.4.12prof.CR2b, 2.2.12.LF.8).	Innovative ideas or innovation can lead to career opportunities.	
9.4.12.Cl.3	Investigate new challenges and opportunities for personal growth, advancement, and transition (e.g., 2.1.12.PGD.1).		

#### **Central Idea / Enduring Understanding:**

- A. Psychological science relies on empirical evidence and adapts as new data develop.
- B. Psychology explains general principles that govern behavior while recognizing individual differences.
- C. Psychological, biological, social, and cultural factors influence behavior and mental processes. D. Psychology values diversity, promotes equity, and fosters inclusion in pursuit of a more just society.
- D. Our perceptions and biases filter our experiences of the world through an imperfect personal lens.
- E. Applying psychological principles can change our lives, organizations, and communities in positive ways.
- F. Ethical principles guide psychology research and practice.

### **Essential/Guiding Question:**

How do thinking, memory, perception, and intelligence shape our understanding of human cognition, and what factors influence the effectiveness of these processes in everyday life?

#### **Content:**

- 1. Memory: Encoding, storage, and retrieval processes; types of memory (short-term, long-term, working).
- 2. Thinking and Problem Solving: Algorithms, heuristics, decision-making.
- 3. Language: Structure of language, theories of language development, linguistic determinism.

#### Skills (Objectives):

#### Cognition

CONTENT STANDARD 1 Fundamental processes of thinking and problem solving

Students are able to (learning targets):

- 1.1. Describe cognitive processes related to concept formation
- 1.2. Explain processes involved in problem solving and decision making

CONTENT STANDARD 2 Effective thinking processes Students are able to (learning targets):

- 2.1. Describe obstacles to effective information processing and decision making
- 2.2. Describe convergent and divergent thinking in problem solving and decision making

#### Memory

CONTENT STANDARD 1 Processes of memory Students are able to (learning targets):

- 1.1. Explain the processes of encoding, storage, and retrieval
- 1.2. Describe systems of memory (i.e., sensory, working, and long-term memory)
- 1.3. Differentiate types of memory (i.e., implicit and explicit)

CONTENT STANDARD 2 Factors influencing memory Students are able to (learning targets):

- 2.1. Explain strategies for improving the encoding, storage, and retrieval of memories
- 2.2. Describe memory as a reconstructive process
- 2.3. Explain kinds of forgetting or memory failures
- 2.4. Identify disorders that impact the function of memory

## Perception

CONTENT STANDARD 1 The process of perception Students are able to (learning targets):

- 1.1. Describe principles of perception
- 1.2. Explain the concepts of bottom-up and top-down processing

CONTENT STANDARD 2 The interaction between the person and the environment in determining perception Students are able to (learning targets):

- 2.1. Explain Gestalt principles of perception
- 2.2. Describe binocular and monocular depth cues
- 2.3. Describe perceptual constancies
- 2.4. Describe the nature of attention
- 2.5. Explain how diverse experiences and expectations influence perception

### Intelligence

CONTENT STANDARD 1 Perspectives on intelligence Students are able to (learning targets):

- 1.1. Explain intelligence as a construct
- 1.2. Describe various conceptualizations of intelligence
- 1.3. Describe the effects of differences in intelligence on everyday functioning

CONTENT STANDARD 2 Assessment of intelligence Students are able to (learning targets):

• 2.1. Analyze the history of intelligence testing, including historical use and misuse in the context of fairness

- 2.2. Identify current methods of assessing human cognitive abilities
- 2.3. Describe measures of and data on reliability and validity for intelligence test scores

CONTENT STANDARD 3 Issues in intelligence Students are able to (learning targets):

- 3.1. Explain the complexities of interpreting scores on intelligence tests
- 3.2. Describe the influences of biological, cultural, and environmental factors on intelligence

#### **Interdisciplinary Connections:**

This unit on Cognition, Memory, Perception, and Intelligence integrates concepts from multiple disciplines. In neuroscience, students examine the brain structures involved in thinking, problem-solving, and memory, gaining a biological perspective on cognition. Mathematics and statistics are essential for understanding intelligence assessments, the data behind IQ scores, and issues related to testing. Philosophy and ethics intersect when exploring questions about the nature of intelligence, fairness in assessment, and the biases that can arise in cognitive evaluations. In computer science, students can draw parallels between human cognition and artificial intelligence, exploring how machines mimic processes like perception and problem-solving. These interdisciplinary connections help students recognize how various fields contribute to the study of cognitive processes and intelligence, enhancing their understanding of human thought and behavior.

## **Stage 2: Assessment Evidence**

## Performance Task(s):

Students will engage in a learning activity or assessment that asks them to perform to demonstrate their knowledge, understanding and proficiency. The task will yield a tangible product and/or performance that serves as evidence of learning.

- Diagram of neural communication
- Research and present a case study
- Experiment to see the effects of hormones on behavior
- Flowchart on sensory information interpreted by the brain
- Demonstrations on various illusions
- Research and present on altered states of consciousness

### **Other Evidence:**

Journal Reflections: apply concepts and make personal connections to daily lessons.

Reaction Paper Writing: analyzing articles reflecting content concepts.

Extension Assignments: Using the library databases find and share additional evidence to a single concept contained in the unit.

Keep a dream log and identify concepts like habituation, lucid dreaming, and stages of sleep

# Stage 3: Learning Plan

#### **Learning Opportunities/Strategies**:

Debates

Seminars

Jigsaw Cooperative Learning

Note taking from primary and secondary sources

Create multimedia presentations

Report writing

View contemporary movies to analyze for validity and credibility according to the APA Code of Ethics Fishbowl discussions

Exit slips

#### **Resources:**

Kasschau, R. A. (2014). Understanding Psychology. McGraw--Hill Education.

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Tests and Quizzes
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<u>Differentiation</u> \*Please note: Teachers who have students with 504 plans that require curricular accommodations are to refer to Struggling and/or Special Needs Section for differentiation

High-Achieving	On Grade Level	Struggling Students	Special Needs/ELL
Students	Students		
Learning Contracts	Audio Recordings	Audio Recordings	Any student requiring further
Alternative Assessments	Centers/Stations	Centers/Stations	accommodations and/or modifications
Anchor Activities	Curriculum	Curriculum	will have them individually listed in
Audio Recordings	Compacting	Compacting	their 504 Plan or IEP. These might
Centers/Stations	Flexible Grouping	Flexible Grouping	include, but are not limited to:
Curriculum Compacting	Games	Games	breaking assignments into smaller
Flexible Grouping	Homework Options	Homework Options	tasks, giving directions through
Games	Instructional Ladders	Instructional Ladders	several channels (auditory, visual,
Homework Options	Menus/Agendas	Menus/Agendas	kinesthetic, model), and/or small
Instructional Ladders	Multiple Intelligence	Multiple Intelligence	group instruction for reading/writing
Menus/Agendas	Options	Options	
Multiple Intelligence	Performance	Performance	ELL supports should include, but are
Options	Assessments	Assessments	not limited to, the following:
Performance	Question Choices	Question Choices	Extended time
Assessments	Scaffolding	Reading Buddies	Provide visual aids
Question Choices	Simulations	Scaffolding	Repeated directions
Reading Buddies	Tiered Activities	Simulations	Differentiate based on proficiency
Scaffolding	Tiered Rubrics	Tiered Activities	Provide word banks
Simulations	Varied Organizers	Tiered Rubrics	Allow for translators, dictionaries
Tiered Activities	Varied Pacing	Varied Organizers	
Tiered Rubrics	Varied Products	Varied Pacing	
Varied Organizers	Varied Questions	Varied Products	
Varied Pacing	Varied Texts	Varied Questions	
Varied Products	Videos	Varied Texts	
Varied Questions	Webquests	Videos	
Varied Texts		Webquests	
Videos			
Webquests			

## **Unit 3: Development and Learning Pillar**

# **Stage 1: Desired Results**

#### **Standards & Indicators:**

#### LifeSpan Development

- 1. Methods and issues in lifespan development
- 2. Physical, cognitive, and social development across the lifespan (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)

#### Learning

- 1. Classical conditioning
- 2. Operant conditioning
- 3. Observational learning, social learning theory, and mental processes in learning

#### Language

- 1. Structural features and development of language
- 2. Language and the brain

#### **Therapies**

- 1. Types of treatment
- 2. Legal, ethical, and professional issues in the treatment of psychological disorders

#### **Disorders**

- 1. Perspectives of abnormal behavior
- 2. Categories of psychological disorders

## Career Readiness, Life Literacies and Key Skills

Standard	Performance Expectations	Core Ideas			
9.4.12.CI.1	Demonstrate the ability to reflect, analyze, and use creative skills and ideas	With a growth mindset, failure is an important part of success			
9.1.12.FP.5	Evaluate how behavioral bias (e.g., overconfidence, confirmation, recency, loss aversion, etc.) affects decision-making.	The ability to assess external information is a necessary skill to make informed decisions aligned to			
9.1.12.FP.6	Evaluate the relationship of familial patterns, cultural traditions, and historical influences on financial practice.	one's goals.			
9.1.12.FP.7	Determine how multiple sources of objective, accurate and current financial information affect the prioritization of financial decisions (e.g., print information, prospectus, certified financial planners, internet, sales representatives, etc.).				
9.2.12.CAP.3	Investigate how continuing education contributes to one's career and personal growth.	Career planning requires purposeful planning based on research, self-knowledge, and informed choices.			
9.2.12.CAP.5	Assess and modify a personal plan to support current interests and postsecondary plans.				
9.2.12.CAP.6	Identify transferable skills in career choices and design alternative career plans based on those skills.				

9.4.12.CI.1	Demonstrate the ability to reflect, analyze, and use creative skills and ideas (e.g., 1.1.12prof.CR3a).	With a growth mindset, failure is an important part of success.
9.4.12.Cl.2	Identify career pathways that highlight personal talents, skills, and abilities (e.g.,1.4.12prof.CR2b, 2.2.12.LF.8).	Innovative ideas or innovation can lead to career opportunities.
9.4.12.Cl.3	Investigate new challenges and opportunities for personal growth, advancement, and transition (e.g., 2.1.12.PGD.1).	

## **Central Idea/Enduring Understanding:**

- A. Psychological science relies on empirical evidence and adapts as new data develop.
- B. Psychology explains general principles that govern behavior while recognizing individual differences.
- C. Psychological, biological, social, and cultural factors influence behavior and mental processes.
- Psychology values diversity, promotes equity, and fosters inclusion in pursuit of a more just society.
- E. Our perceptions and biases filter our experiences of the world through an imperfect personal lens.
- F. Applying psychological principles can change our lives, organizations, and communities in positive ways.
- G. Ethical principles guide psychology research and practice.

## **Essential/Guiding Question:**

How do biological, cognitive, social, and ethical factors shape human development, learning, language, and the treatment of psychological disorders throughout the lifespan?

## **Content**:

- Methods and issues in lifespan development
- 2. Theories of lifespan development
- 3. Prenatal development and the newborn
- 4. Infancy (i.e., the first two years of life)
- 5. Childhood
- 6. Adolescence
- 7. Adulthood and aging
- 8. Classical conditioning
- 9. Operant conditioning
- 10. Observational and cognitive learning

## Skills (Objectives):

#### LifeSpan Development

CONTENT STANDARD 1 Methods and issues in lifespan development

Students are able to (learning targets):

- 1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development
- 1.2. Explain issues of continuity/discontinuity and stability/change
- 1.3. Distinguish methods used to study development
- 1.4. Describe the role of sensitive and critical periods in development

CONTENT STANDARD 2 Physical, cognitive, and social development across the lifespan (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)

Students are able to (learning targets):

- 2.1. Identify key features of physical development from prenatal through older adulthood
- 2.2. Identify key features of cognitive development from prenatal through older adulthood

• 2.3. Identify key features of social development from prenatal through older adulthood

## Learning

CONTENT STANDARD 1 Classical Conditioning Students are able to (learning targets):

- 1.1. Describe the processes of classical conditioning
- 1.2. Describe clinical and experimental examples of classical conditioning

CONTENT STANDARD 2 Operant Conditioning Students are able to (learning targets):

- 2.1. Describe the processes of operant conditioning
- 2.2. Describe clinical and experimental examples of operant conditioning

CONTENT STANDARD 3 Observational learning, social learning theory, and mental processes in learning Students are able to (learning targets):

- 3.1. Describe observational learning and social learning theory
- 3.2. Describe the role of mental processes in learning

#### Language

CONTENT STANDARD 1 Structural features and development of language

Students are able to (learning targets):

- 1.1. Describe the structure of language from the level of speech sounds to communication of meaning
- 1.2. Describe the relationship between language and cognition
- 1.3. Explain the language acquisition process and theories

CONTENT STANDARD 2 Language and the brain Students are able to (learning targets):

- 2.1. Identify the brain structures associated with language
- 2.2. Explain how damage to the brain may affect language

### **Therapies**

CONTENT STANDARD 1 Types of treatment Students are able to (learning targets):

- 1.1. Describe different types of biomedical and psychological treatments
- 1.2. Explain why psychologists use a variety of psychological treatments
- 1.3. Describe appropriate treatments for different populations, including historical use and misuse of treatment

#### **Disorders**

CONTENT STANDARD 1 Perspectives of abnormal behavior Students are able to (learning targets):

- 1.1. Define abnormal behavior
- 1.2. Describe cross-cultural views of abnormality
- 1.3. Describe major medical and biopsychosocial models of abnormality
- 1.4. Explain how stigma relates to abnormal behavior
- 1.5. Explain the impact of psychological disorders on the individual, family, and society

# CONTENT STANDARD 2 Categories of psychological disorders

Students are able to (learning targets):

- 2.1. Describe the classification of psychological disorders
- 2.2. Describe the challenges associated with diagnosing psychological disorders
- 2.3. Describe symptoms of psychological disorders

## **Interdisciplinary Connections:**

This unit on Lifespan Development, Learning, Language, and Therapies integrates concepts from various disciplines. Biology and neuroscience play crucial roles in understanding physical, cognitive, and brain development, as well as the biological foundations of language and learning. Education intersects with the study of learning theories—such as classical and operant conditioning—highlighting strategies to promote effective learning in different age groups. Linguistics provides insights into the structure, acquisition, and development of language, while psychology examines how the brain processes language and learning.

In the area of therapies, students draw from law and ethics to explore legal and ethical considerations in the treatment of psychological disorders, while health sciences and medicine contribute knowledge of therapeutic approaches, ranging from medical treatments to counseling techniques. Sociology provides a broader cultural context, exploring how social environments influence language development, learning behaviors, and attitudes toward mental health treatment. This interdisciplinary approach fosters a comprehensive understanding of how biological, social, and ethical factors shape development, learning, and mental health interventions.

# Stage 2: Learning Plan

#### Performance Task(s):

Students will engage in a learning activity or assessment that asks them to perform to demonstrate their knowledge, understanding and proficiency. The task will yield a tangible product and/or performance that serve as evidence of learning.

- Detailed timeline that reflects the stages of human development
- Observation study on a child/adolescent developmental milestones
- Interview and elderly person about their life experiences
- Experiment to demonstrate classical and operant conditioning
- Infographic that compares major learning theories
- Behavior Mod to change a behavior in you or someone else

## **Other Evidence**:

Journal Reflections: apply concepts and make personal connections to daily lessons.

Reaction Paper Writing: analyzing articles reflecting content concepts

Extension Assignments: Using the library databases find and share additional evidence to a single concept contained in the unit.

Use conditioning concepts to train a pet or person in a small task. Chart the schedules of reinforcement used.

Debate the Code of Ethics as it relates to the Little Albert Experiments.

Analyze a case study of a adolescent with learning disabilities

# Stage 3: Learning Plan

#### **Learning Opportunities/Strategies:**

Journal Reflections: apply concepts and make personal connections to daily lessons.

Reaction Paper Writing: analyzing articles

reflecting content concepts

Extension Assignments: Using the library databases find and share additional evidence to a single concept contained in the unit.

Role play an everyday task involving school and how different people display motivation to complete it.

#### **Resources:**

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APA.org

### **GLSEN Educator Resources**

Supporting LGBTQIA Youth Resource List

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Anchor Activities	Curriculum	Curriculum	will have them individually listed in
Audio Recordings	Compacting	Compacting	their 504 Plan or IEP. These might
Centers/Stations	Flexible Grouping	Flexible Grouping	include, but are not limited to:
Curriculum Compacting	Games	Games	breaking assignments into smaller
Flexible Grouping	Homework Options	Homework Options	tasks, giving directions through
Games	Instructional Ladders	Instructional Ladders	several channels (auditory, visual,
Homework Options	Menus/Agendas	Menus/Agendas	kinesthetic, model), and/or small
Instructional Ladders	Multiple Intelligence	Multiple Intelligence	group instruction for reading/writing
Menus/Agendas	Options	Options	
Multiple Intelligence	Performance	Performance	ELL supports should include, but are
Options	Assessments	Assessments	not limited to, the following:

Performance	Question Choices	Question Choices	Extended time
Assessments	Scaffolding	Reading Buddies	Provide visual aids
Question Choices	Simulations	Scaffolding	Repeated directions
Reading Buddies	Tiered Activities	Simulations	Differentiate based on proficiency
Scaffolding	Tiered Rubrics	Tiered Activities	Provide word banks
Simulations	Varied Organizers	Tiered Rubrics	Allow for translators, dictionaries
Tiered Activities	Varied Pacing	Varied Organizers	
Tiered Rubrics	Varied Products	Varied Pacing	
Varied Organizers	Varied Questions	Varied Products	
Varied Pacing	Varied Texts	Varied Questions	
Varied Products	Videos	Varied Texts	
Varied Questions	Webquests	Videos	
Varied Texts		Webquests	
Videos			
Webquests			

## Unit 4: Social and Personality Pillar

# Stage 1: Desired Results

#### Standards & Indicators:

#### Social

- 1. Social cognition
- 2. Social influence

#### Personality

- 1. Empirical approaches to studying and understanding personality
- 2. Assessment of personality

#### **Multiculturalism and Gender**

- 1. Psychological constructs of culture
- 2. Psychological constructs of gender and sexual orientation

#### **Motivation and Emotion**

- 1. Influences of motivation
- 2. Domains of motivated behavior in humans
- 3. Perspectives on emotion
- 4. Emotional interpretation and expression (interpersonal and intrapersonal)
- 5. Domains of emotional behavior

## Career Readiness, Life Literacies and Key Skills

Standard	Performance Expectations	Core Ideas
9.4.12.CI.1	Demonstrate the ability to reflect, analyze, and use creative skills and ideas.	With a growth mindset, failure is an important part of success
9.1.12.FP.5	Evaluate how behavioral bias (e.g., overconfidence, confirmation, recency, loss aversion, etc.) affects decision-making.	The ability to assess external information is a necessary skill to make informed decisions aligned
9.1.12.FP.6	Evaluate the relationship of familial patterns, cultural traditions, and historical influences on financial practice.	to one's goals.

9.1.12.FP.7	Determine how multiple sources of objective, accurate and current financial information affect the prioritization of financial decisions (e.g., print information, prospectus, certified financial planners, internet, sales representatives, etc.).	
9.2.12.CAP.3	Investigate how continuing education contributes to one's career and personal growth.	Career planning requires purposeful planning based on
9.2.12.CAP.5	Assess and modify a personal plan to support current interests and postsecondary plans.	research, self-knowledge, and informed choices.
9.2.12.CAP.6	Identify transferable skills in career choices and design alternative career plans based on those skills.	
9.4.12.Cl.1	Demonstrate the ability to reflect, analyze, and use creative skills and ideas (e.g., 1.1.12prof.CR3a).	With a growth mindset, failure is an important part of success.

## **Central Idea/Enduring Understanding:**

- A. Psychological science relies on empirical evidence and adapts as new data develop.
- B. Psychology explains general principles that govern behavior while recognizing individual differences.
- C. Psychological, biological, social, and cultural factors influence behavior and mental processes.
- Psychology values diversity, promotes equity, and fosters inclusion in pursuit of a more just society.
- E. Our perceptions and biases filter our experiences of the world through an imperfect personal lens.
- F. Applying psychological principles can change our lives, organizations, and communities in positive ways.
- G. Ethical principles guide psychology research and practice.

#### **Essential/Guiding Question:**

How do social, cultural, biological, and psychological factors influence personality, motivation, emotion, and the way individuals navigate gender, culture, and social relationships?

## **Content:**

- 1. Social cognition and interaction
- 2. Social and cultural diversity
- 3. Role of gender and other social factors in behavior
- 4. Theories of personality
- 5. Assessing personality
- 6. Defining and understanding psychological disorders
- 7. Treatment of psychological disorders
- 8. Issues related to treatment and prevention

#### Skills(Objectives):

#### Social

CONTENT STANDARD 1 Social cognition Students are able to (learning targets):

- 1.1. Describe attributional explanations of behavior
- 1.2. Explain how experiences shape attitudes and beliefs
- 1.3. Explain how attitudes, biases, and beliefs affect behavior and relationships with others

# CONTENT STANDARD 2 Social influence

Students are able to (learning targets):

- 2.1. Explain how the presence of other people can affect behavior
- 2.2. Describe how intergroup dynamics influence behavior

- 2.3. Explain how persuasive methods affect behavior and beliefs
- 2.4. Identify factors influencing attraction and relationships
- 2.5. Identify factors influencing aggression and conflict
- 2.6. Identify factors influencing altruism and helping behaviors

### **Personality**

CONTENT STANDARD 1 Empirical approaches to studying and understanding personality

Students are able to (learning targets):

- 1.1. Explain how biological and environmental factors interact to influence personality
- 1.2. Explain social-cognitive approaches to understanding personality
- 1.3. Explain trait-based approaches to understanding personality
- 1.4. Describe methods used to study personality scientifically
- 1.5. Define self-concept

CONTENT STANDARD 2 Assessment of personality Students are able to (learning targets):

- 2.1. Differentiate personality assessment techniques
- 2.2. Describe the reliability and validity of personality assessment techniques
- 2.3. Analyze how personality researchers address issues of stability and change

#### **Multiculturalism and Gender**

CONTENT STANDARD 1 Psychological constructs of culture Students are able to (learning targets):

- 1.1. Define culture and describe its role in individual and group characteristics
- 1.2. Describe the relationship between culture and conceptions of self and identity development
- 1.3. Explain how inequality of power and resources relate to privilege, stereotypes, prejudice, and discrimination
- 1.4. Describe psychological effects of privilege, stereotypes, prejudice, and discrimination based on cultural identity

CONTENT STANDARD 2 Psychological constructs of gender and sexual orientation

Students can (learning targets):

- 2.1. Compare and contrast sex, gender identity, and sexual orientation
- 2.2. Describe diversity of gender identity and sexual orientation 2.3. Describe psychological effects of privilege, stereotypes, prejudice, and discrimination based on gender and sexual orientation

#### **Motivation and Emotion**

CONTENT STANDARD 1 Influences of motivation Students are able to (learning targets):

- 1.1. Explain biological, cognitive, and social factors that influence motivation
- 1.2. Explain the role of culture in human motivation

CONTENT STANDARD 2 Domains of motivated behavior in humans

Students are able to (learning targets):

- 2.1. Identify factors in motivation that influence eating and sexual behaviors
- 2.2. Identify motivational factors that influence achievement and affiliation

CONTENT STANDARD 3 Perspectives on emotion Students are able to (learning targets):

- 3.1. Explain the biological and cognitive components of emotion
- 3.2. Describe the psychological research on basic human emotions
- 3.3. Differentiate among theories of emotion

CONTENT STANDARD 4 Emotional interpretation and expression (interpersonal and intrapersonal)
Students are able to (learning targets):

- 4.1. Explain how biological factors influence emotional interpretation and expression
- 4.2. Explain how culture and gender influence emotional interpretation and expression
- 4.3. Explain how other environmental factors influence emotional interpretation and expression

CONTENT STANDARD 5 Domains of emotional behavior Students are able to (learning targets):

- 5.1. Identify biological and environmental influences on the expression and experience of negative emotions
- 5.2. Identify biological and environmental influences on the expression and experience of positive emotions

#### **Interdisciplinary Connections:**

This unit on Social Behavior, Personality, Multiculturalism and Gender, Motivation, and Emotion draws on diverse academic fields. Sociology plays a central role in understanding social cognition, social influence, and the impact of cultural and gender constructs on behavior, while anthropology offers insights into the development of cultural norms and values across societies. Biology and neuroscience are essential for exploring the physiological underpinnings of personality, motivation, and emotion, including how brain structures and hormones influence emotional expression and interpersonal behavior.

Philosophy and ethics intersect with discussions on gender, sexual orientation, and cultural identity, encouraging students to critically reflect on these constructs and their societal implications. Political science and history contribute to the study of social influence and multiculturalism, offering perspectives on power dynamics, societal change, and how historical context shapes psychological understanding of diverse populations. Economics also plays a role in examining motivation, particularly in relation to human behavior in areas like productivity, goal-setting, and

decision-making. The unit's interdisciplinary approach provides a comprehensive view of how individual differences and social forces interact to shape personality, motivation, and emotional life.

# Stage 2: Assessment Evidence

#### Performance Task(s):

Students will engage in a learning activity or assessment that asks them to perform to demonstrate their knowledge, understanding and proficiency. The task will yield a tangible product and/or performance that serves as evidence of learning.

- Workshop on memory improvement techniques
- Analyze case studies on memory disorders
- Experiment to demonstrate Ebbinghaus forgetting curve
- Analyze Reliability of eyewitness testimony of principles of memory
- Infographic on memory strategies and their effectiveness
- Presentation on neurobiology of memory
- Research the effect of aging on memory

#### Other Evidence:

Journal Reflections: apply concepts and make personal connections to daily lessons.

Reaction Paper Writing: analyzing articles reflecting content concepts

Extension Assignments: Using the library databases find and share additional evidence to a single concept contained in the unit.

Create your own study plan using specific memory strategies to study for the MEMORY test.

Creatively problem-solve an invention or program to pitch to an assisted living facility specializing in those with memory disorders.

Research and report on various memory disorders.

## Stage 3: Learning Plan

#### **Learning Opportunities/Strategies:**

Small and large group discussions Individual and group projects

**Debates** 

Seminars

Jigsaw Cooperative Learning

Note taking from primary and secondary sources Create multimedia presentations

Report writing

View contemporary movies to analyze for validity and credibility according to the APA Code of Ethics Fishbowl discussions

Exit slips

Guest speakers working in various subfields of psychology

Role plays

**Demonstrations/Experiments** 

Tests and Quizzes

Case Study analysis

Interviews

Use of graphic Organizers to illustrate concepts

#### Resources:

Kasschau, R. A. (2014). Understanding Psychology. McGraw--Hill Education.

APA.org

GLSEN Educator Resources

Supporting LGBTQIA Youth Resource List

Respect Ability: Fighting Stigmas, Advancing **Opportunities** 

**Learning for Justice** 

Student selected articles from Pemberton High School library.

Crashcourse video series.

Kahoot vocabulary flashcards

Forty Studies that Changed Psychology: Explorations into the History of Psychological Research, 4th edition, Prentice Hall, 2002

Best Psychology Blogs and Websites

https://www.psypost.org/2016/09/top-best-psychology-websites
-articles-information-44974
https://www.happierhuman.com/psychology-websites/
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<u>Differentiation</u> \*Please note: Teachers who have students with 504 plans that require curricular accommodations are to refer to Struggling and/or Special Needs Section for differentiation

	to refer to Struggling and/or Special Needs Section for differentiation			
High-Achieving	On Grade Level	Struggling Students	Special Needs/ELL	
Students	Students			
Learning Contracts	Audio Recordings	Audio Recordings	Any student requiring further	
Alternative Assessments	Centers/Stations	Centers/Stations	accommodations and/or	
Anchor Activities	Curriculum	Curriculum Compacting	modifications will have them	
Audio Recordings	Compacting	Flexible Grouping	individually listed in their 504	
Centers/Stations	Flexible Grouping	Games	Plan or IEP. These might include,	
Curriculum Compacting	Games	Homework Options	but are not limited to: breaking	
Flexible Grouping	Homework Options	Instructional Ladders	assignments into smaller tasks,	
Games	Instructional Ladders	Menus/Agendas	giving directions through several	
Homework Options	Menus/Agendas	Multiple Intelligence	channels (auditory, visual,	
Instructional Ladders	Multiple Intelligence	Options	kinesthetic, model), and/or small	
Menus/Agendas	Options	Performance Assessments	group instruction for	
Multiple Intelligence	Performance	Question Choices	reading/writing	
Options	Assessments	Reading Buddies		
Performance	Question Choices	Scaffolding	ELL supports should include, but	
Assessments	Scaffolding	Simulations	are not limited to, the following:	
Question Choices	Simulations	Tiered Activities	Extended time	
Reading Buddies	Tiered Activities	Tiered Rubrics	Provide visual aids	
Scaffolding	Tiered Rubrics	Varied Organizers	Repeated directions	
Simulations	Varied Organizers	Varied Pacing	Differentiate based on	
Tiered Activities	Varied Pacing	Varied Products	proficiency	
Tiered Rubrics	Varied Products	Varied Questions	Provide word banks	
Varied Organizers	Varied Questions	Varied Texts	Allow for translators, dictionaries	
Varied Pacing	Varied Texts	Videos		
Varied Products	Videos	Webquests		
Varied Questions	Webquests			
Varied Texts				
Videos				
Webquests				

# **Pacing Guide**

Content	Resources	Standards	
UNIT 1: Biological Pillar (2	UNIT 1: Biological Pillar (27 days)		
Routines and procedures (2 days)	Kasschau, R. A. (2014). Understanding Psychology. McGrawHill Education.	Biological Bases of Behavior CONTENT STANDARD 1 Structure and function of the nervous system and endocrine system in human and non-human animals	
Neurons and Neurotransmitters: How the brain communicates	APA.org	1.1. Identify the major divisions and subdivisions of the human nervous system and their functions	
with the body (2 days)  The Brain: Major parts of	Supporting LGBTQIA Youth Resource List	1.2. Identify the parts of the neuron and describe the basic process of neural transmission	

the brain and their functions (lobes, limbic system) (5 days)

Endocrine System: Hormones and their psychological impact (4 days)

Genetics: Nature vs. nurture, twin studies (4 days)

The relationship between conscious and unconscious processes (3 days)

Characteristics of sleep and theories that explain why we sleep and dream (3 days)

Categories of psychoactive drugs and their effects (2 days)

Other states of consciousness (2 days)

Respect Ability: Fighting Stigmas, Advancing Opportunities

### **Learning for Justice**

Student selected articles from Pemberton High School library.

Kahoot vocabulary flashcards

Forty Studies that Changed Psychology: Explorations into the History of Psychological Research, 4th edition, Prentice Hall, 2002

# Best Psychology Blogs and Websites

https://www.psypost.org/2016/09/to p-best-psychology-websites-article s-information-44974 https://www.happierhuman.com/ps ychology-websites/

Crashcourse video series. Video: 1, 2

- 1.3. Describe the structures and functions of the various parts of the central nervous system
- 1.4. Explain the importance of plasticity of the nervous system
- 1.5. Describe the function of the endocrine glands and their interaction with the nervous system
- 1.6. Identify methods and tools used to study the nervous system

CONTENT STANDARD 2 The interaction between biological factors and experiences

- 2.1. Describe concepts in behavioral genetics and epigenetics
- 2.2. Describe the interactive effects of heredity and environment
- 2.3. Explain general principles of evolutionary psychology

## Sensation

- 1.1. Explain the process of sensory transduction
- 1.2. Explain the basic concepts of psychophysics such as threshold and adaptation
- 2.1. Identify different stimuli for which humans have sensory receptors and explain what this means for their sensory abilities
- 2.2. Describe the visual sensory system
- 2.3. Describe the auditory sensory system
- 2.4. Describe chemical and tactile sensory systems

#### Consciousness

- 1.1. Identify states of consciousness
- 1.2. Distinguish between processing that is conscious (i.e., explicit) and other processing that happens without conscious awareness (i.e., implicit)
- 1.3. Identify the effects of meditation, mindfulness, and relaxation
- 1.4. Describe characteristics of and current conceptions about hypnosis
- 2.1. Describe the circadian rhythm and its relation to sleep
- 2.2. Describe the sleep cycle
- 2.3. Compare theories about the functions of sleep and of dreaming
- 2.4. Describe types of sleep disorders
- 3.1. Characterize the major categories of psychoactive drugs and their effects

- 3.2. Describe how psychoactive drugs work in the brain
- 3.3. Describe the physiological and psychological effects of psychoactive drugs

#### Health

CONTENT STANDARD 1 Stress and coping

- 1.1. Define stress as a psychophysiological response to the environment
- 1.2. Explain sources of stress across the life span
- 1.3. Explain physiological and psychological consequences of stress for health and wellness
- 1.4. Explain physiological, cognitive, and behavioral strategies to deal with stress

CONTENT STANDARD 2 Psychological science promotes mental and physical health and wellness

- 2.1. Describe factors that promote resilience and flourishing
- 2.2. Identify evidence-based strategies that promote health and wellness

## **UNIT 2: Cognition Pillar (18 days)**

Memory: Encoding, storage, and retrieval processes; types of memory (short-term, long-term, working) (6 days)

Thinking and Problem Solving: Algorithms, heuristics, decision-making (6 days)

Language: Structure of language, theories of language development, linguistic determinism (6 days)

Kasschau, R. A. (2014).
Understanding Psychology.
McGraw--Hill Education.

APA.org

GLSEN Educator Resources

Supporting LGBTQIA Youth Resource List

Respect Ability: Fighting Stigmas, Advancing Opportunities

Learning for Justice

Student selected articles from Pemberton High School library.

Kahoot vocabulary flashcards

Forty Studies that Changed Psychology: Explorations into the History of Psychological Research, 4th edition, Prentice Hall, 2002

Best Psychology Blogs and Websites

#### Cognition

CONTENT STANDARD 1 Fundamental processes of thinking and problem solving

- 1.1. Describe cognitive processes related to concept formation
- 1.2. Explain processes involved in problem solving and decision making

CONTENT STANDARD 2 Effective thinking processes

- 2.1. Describe obstacles to effective information processing and decision making
- 2.2. Describe convergent and divergent thinking in problem solving and decision making

## Memory

CONTENT STANDARD 1 Processes of memory

- 1.1. Describe principles of perception
- 1.2. Explain the concepts of bottom-up and top-down processing

CONTENT STANDARD 2 The interaction between the person and the environment in determining perception

- 2.1. Explain Gestalt principles of perception
- 2.2. Describe binocular and monocular depth cues
- 2.3. Describe perceptual constancies
- 2.4. Describe the nature of attention
- 2.5. Explain how diverse experiences and expectations influence perception

	https://www.psypost.org/2016/09/to p-best-psychology-websites-article s-information-44974 https://www.happierhuman.com/ps ychology-websites/ Crashcourse video series. Video: 3,4,5,6,7,8,9,10	Intelligence CONTENT STANDARD 1 Perspectives on intelligence
		<ul> <li>CONTENT STANDARD 2 Assessment of intelligence</li> <li>2.1. Analyze the history of intelligence testing, including historical use and misuse in the context of fairness</li> <li>2.2. Identify current methods of assessing human cognitive abilities</li> <li>2.3. Describe measures of and data on reliability and validity for intelligence test scores</li> </ul>
		CONTENT STANDARD 3 Issues in intelligence              3.1. Explain the complexities of interpreting scores on intelligence tests              3.2. Describe the influences of biological, cultural, and environmental factors on intelligence
UNIT 3: Development and	Learning Pillar (23 days)	
Methods and issues in	Kasschau, R. A. (2014).	LifeSpan Development
lifespan development	Understanding Psychology.	CONTENT STANDARD 1 Methods and issues in
	• • • • • • • • • • • • • • • • • • • •	CONTENT STANDARD 1 Methods and issues in lifespan development
lifespan development (3 days) Theories of lifespan	Understanding Psychology.	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of
lifespan development (3 days)  Theories of lifespan development	Understanding Psychology.  McGrawHill Education.  APA.org	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development
lifespan development (3 days) Theories of lifespan	Understanding Psychology.  McGrawHill Education.	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity
lifespan development (3 days)  Theories of lifespan development	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development
lifespan development (3 days)  Theories of lifespan development (3 days)	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas, Advancing Opportunities	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the first two years of life)	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas,	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and social development across the lifespan (prenatal,
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas, Advancing Opportunities	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the first two years of life)	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas, Advancing Opportunities  Learning for Justice	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and social development across the lifespan (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)  2.1. Identify key features of physical
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the first two years of life) (3 days)	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas, Advancing Opportunities  Learning for Justice  Student selected articles from Pemberton High School library.	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and social development across the lifespan (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)  2.1. Identify key features of physical development from prenatal through older
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the first two years of life) (3 days)  Adolescence (3 days)	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas, Advancing Opportunities  Learning for Justice  Student selected articles from	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and social development across the lifespan (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)  2.1. Identify key features of physical development from prenatal through older adulthood
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the first two years of life) (3 days)  Adolescence (3 days)  Adulthood and aging	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas, Advancing Opportunities  Learning for Justice  Student selected articles from Pemberton High School library.  Kahoot vocabulary flashcards  Forty Studies that Changed	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and social development across the lifespan (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)  2.1. Identify key features of physical development from prenatal through older
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the first two years of life) (3 days)  Adolescence (3 days)	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas, Advancing Opportunities  Learning for Justice  Student selected articles from Pemberton High School library.  Kahoot vocabulary flashcards  Forty Studies that Changed Psychology: Explorations into the	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and social development across the lifespan (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)  2.1. Identify key features of physical development from prenatal through older adulthood  2.2. Identify key features of cognitive development from prenatal through older adulthood
lifespan development (3 days)  Theories of lifespan development (3 days)  Prenatal development and the newborn (3 days)  Infancy/Childhood (i.e., the first two years of life) (3 days)  Adolescence (3 days)  Adulthood and aging	Understanding Psychology. McGrawHill Education.  APA.org  GLSEN Educator Resources  Supporting LGBTQIA Youth Resource List  Respect Ability: Fighting Stigmas, Advancing Opportunities  Learning for Justice  Student selected articles from Pemberton High School library.  Kahoot vocabulary flashcards  Forty Studies that Changed	CONTENT STANDARD 1 Methods and issues in lifespan development  1.1. Explain the interaction of environmental and biological factors in development, including the role of the brain in all aspects of development  1.2. Explain issues of continuity/discontinuity and stability/change  1.3. Distinguish methods used to study development  1.4. Describe the role of sensitive and critical periods in development  CONTENT STANDARD 2 Physical, cognitive, and social development across the lifespan (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)  2.1. Identify key features of physical development from prenatal through older adulthood  2.2. Identify key features of cognitive development from prenatal through older

(3 days)	Best Psychology Blogs and	Learning
Observational and cognitive learning (2 days)	Websites https://www.psypost.org/2016/09/to p-best-psychology-websites-article s-information-44974 https://www.happierhuman.com/ps ychology-websites/	CONTENT STANDARD 1 Classical Conditioning              1.1. Describe the processes of classical conditioning             1.2. Describe clinical and experimental examples of classical conditioning  CONTENT STANDARD 2 Operant Conditioning
	Crashcourse video series. Video: 10,11	<ul> <li>2.1. Describe the processes of operant conditioning</li> <li>2.2. Describe clinical and experimental examples of operant conditioning</li> </ul>
		CONTENT STANDARD 3 Observational learning, social learning theory, and mental processes in learning  • 3.1. Describe observational learning and social learning theory  • 3.2. Describe the role of mental processes in learning
		Language CONTENT STANDARD 1 Structural features and development of language  ■ 1.1. Describe the structure of language from the level of speech sounds to communication of meaning  ■ 1.2. Describe the relationship between language and cognition  ■ 1.3. Explain the language acquisition process and theories
		CONTENT STANDARD 2 Language and the brain     2.1. Identify the brain structures associated with language     2.2. Explain how damage to the brain may affect language
		<ul> <li>Therapies</li> <li>CONTENT STANDARD 1 Types of treatment</li> <li>1.1. Describe different types of biomedical and psychological treatments</li> <li>1.2. Explain why psychologists use a variety of psychological treatments</li> <li>1.3. Describe appropriate treatments for different populations, including historical use and misuse of treatment</li> </ul>
		Disorders CONTENT STANDARD 1 Perspectives of abnormal behavior  1.1. Define abnormal behavior

1.2. Describe cross-cultural views of

abnormality

		<ul> <li>1.3. Describe major medical and biopsychosocial models of abnormality</li> <li>1.4. Explain how stigma relates to abnormal behavior</li> <li>1.5. Explain the impact of psychological disorders on the individual, family, and society</li> <li>CONTENT STANDARD 2 Categories of psychological disorders</li> <li>2.1. Describe the classification of psychological disorders</li> <li>2.2. Describe the challenges associated with diagnosing psychological disorders</li> <li>2.3. Describe symptoms of psychological disorders</li> </ul>
UNIT 4: Social and Persor	nality Pillar (22 days)	
Social cognition and	Kasschau, R. A. (2014).	Social
interaction	<u>Understanding Psychology.</u>	CONTENT STANDARD 1 Social cognition
(2 days)	McGrawHill Education.	1.1. Describe attributional explanations of behavior
		1.2. Explain how experiences shape attitudes
Social and cultural	APA.org	and beliefs
diversity		1.3. Explain how attitudes, biases, and beliefs
(3 days)	GLSEN Educator Resources	affect behavior and relationships with others
Role of gender and other	Supporting LGBTQIA Youth	CONTENT STANDARD 2 Social influence
social factors in behavior	Resource List	2.1. Explain how the presence of other people
		can affect behavior
(3 days)	Respect Ability: Fighting Stigmas,	2.2. Describe how intergroup dynamics
Theories of	Advancing Opportunities	influence behavior
personality/Assessing		2.3. Explain how persuasive methods affect
personality	Learning for Justice	behavior and beliefs
(2 days)	Student selected articles from	2.4. Identify factors influencing attraction and
(z days)	Pemberton High School library.	<ul><li>relationships</li><li>2.5. Identify factors influencing aggression and</li></ul>
Defining and	l singerten riigir senser iibrary.	conflict
understanding	Kahoot vocabulary flashcards	2.6. Identify factors influencing altruism and
(3 days)		helping behaviors
(5 days)	Forty Studies that Changed	
Psychological disorders	Psychology: Explorations into the	Personality
(3 days)	History of Psychological Research, 4th edition, Prentice Hall, 2002	CONTENT STANDARD 1 Empirical approaches to
(5 days)	4th edition, Frentice Hall, 2002	studying and understanding personality
Treatment of psychological	Best Psychology Blogs and	<ul> <li>1.1. Explain how biological and environmental factors interact to influence personality</li> </ul>
disorders	Websites	1.2. Explain social-cognitive approaches to
(3 days)	https://www.psypost.org/2016/09/to	understanding personality
(o dayo)	p-best-psychology-websites-article	<ul> <li>1.3. Explain trait-based approaches to</li> </ul>
Issues related to treatment	s-information-44974	understanding personality
and prevention	https://www.happierhuman.com/ps	1.4. Describe methods used to study
(3 days)	<u>ychology-websites/</u>	personality scientifically
(0 44)0/	Crashcourse video series.	1.5. Define self-concept

CONTENT STANDARD 2 Assessment of personality
2.1. Differentiate personality assessment

2.2. Describe the reliability and validity of personality assessment techniques
2.3. Analyze how personality researchers address issues of stability and change

techniques

Video: 13,14

	address issues of stability and onlings
	<ul> <li>Multiculturalism and Gender CONTENT STANDARD 1 Psychological constructs of culture         <ul> <li>1.1. Define culture and describe its role in individual and group characteristics</li> <li>1.2. Describe the relationship between culture and conceptions of self and identity development</li> <li>1.3. Explain how inequality of power and resources relate to privilege, stereotypes, prejudice, and discrimination</li> <li>1.4. Describe psychological effects of privilege, stereotypes, prejudice, and discrimination based on cultural identity</li> </ul> </li> </ul>
	<ul> <li>CONTENT STANDARD 2 Psychological constructs of gender and sexual orientation</li> <li>2.1. Compare and contrast sex, gender identity, and sexual orientation</li> <li>2.2. Describe diversity of gender identity and sexual orientation 2.3. Describe psychological effects of privilege, stereotypes, prejudice, and discrimination based on gender and sexual orientation</li> </ul>
	Motivation and Emotion CONTENT STANDARD 1 Influences of motivation  1.1. Explain biological, cognitive, and social factors that influence motivation  1.2. Explain the role of culture in human motivation
	CONTENT STANDARD 2 Domains of motivated behavior in humans  • 2.1. Identify factors in motivation that influence eating and sexual behaviors  • 2.2. Identify motivational factors that influence achievement and affiliation
	<ul> <li>CONTENT STANDARD 3 Perspectives on emotion :</li> <li>3.1. Explain the biological and cognitive components of emotion</li> <li>3.2. Describe the psychological research on basic human emotions</li> <li>3.3. Differentiate among theories of emotion</li> </ul>

CONTENT STANDARD 4 Emotional interpretation and expression (interpersonal and intrapersonal)  • 4.1. Explain how biological factors influence emotional interpretation and expression  • 4.2. Explain how culture and gender influence emotional interpretation and expression  • 4.3. Explain how other environmental factors influence emotional interpretation and expression
CONTENT STANDARD 5 Domains of emotional behavior
<ul> <li>5.1. Identify biological and environmental influences on the expression and experience of negative emotions</li> <li>5.2. Identify biological and environmental influences on the expression and experience of positive emotions</li> </ul>