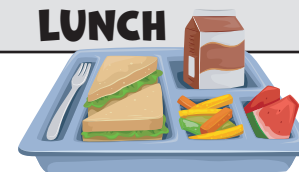


PEMBERTON TOWNSHIP SCHOOLS

SEPTEMBER 2024 - PTHS & HFMS

Lunch Menu w/ Entrée Carb Count - \$3.20

LUNCH



FUN FACT!

Fun Facts about September

See other side for more.



September's Feeling Blue

September's birthstone is the sapphire. This gemstone is best known for its striking pure-blue color, but it can range from greenish-blue to violet-blue. Part of the same corundum family as the ruby, they are the second-hardest natural gemstones, with only the diamond being harder.

Corundum is naturally colorless, but trace amounts of elements lead to a range of colors. Outside of red corundum (rubies), all other corundum gems are considered sapphires.

Iron and titanium are responsible for the blue color, and the more iron present, the darker the blue color of a sapphire. Yellow and orange sapphires get their color from iron and chromium, while pink sapphires are a result of high amounts of chromium. A purple color is a combination of all three trace elements.

Menu subject to change. Questions?
Contact Barbara Wells,
Supervisor of Food
Services, at
609-893-5788 or
bwells@pemb.org
This institution is an
equal opportunity
provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL Labor Day 	3 NO SCHOOL for Students Staff Set-Up Day	4 NO SCHOOL for Students In-Service Day	5 NO SCHOOL for Students In-Service Day	6 1st Day of School! CHEESEBURGER w/BUN-27g Peas SPECIAL SCHEDULE
9 CHICKEN PATTY w/BUN-40g Carrots SPECIAL SCHEDULE	10 BBQ PULLED PORK w/BUN-28g Baked Beans	11 PASTA w/ MEAT SAUCE-34g Corn	12 CHEESY PIZZA-47g Side Salad	13 MEATBALL PARM SUB-43g Spinach
16 CORN DOG NUGGETS-35g Green Beans	17 CHEESEBURGER w/BUN-27g Broccoli	18 SOFT TACO-27g Lettuce & Salsa Black Beans	19 PERSONAL PIZZA-32g Side Salad	20 CHEESESTEAK SUB-46g Peppers & Onions
23 CHICKEN NUGGETS-32g Peas & Carrots	24 SMOTHERED BURRITO-44g Black Beans Salsa	25 HOT DOG w/BUN-25g French Fries	26 PEPPERONI PIZZA-49g Side Salad	27 LOADED FRIES-65g Broccoli
30 BBQ CHICKEN TAQUITOS-42g Sweet Potato Fries				

ATTENDANCE MATTERS!



EVERY STUDENT.
EVERY DAY.



Milk Choice Offered Daily:
1% WHITE
FAT FREE CHOCOLATE
STRAWBERRY

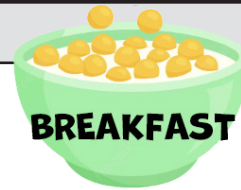
Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

You Can Pay For Meals Online: www.myschoolbucks.com
Apply for Free/Reduced Meals: www.myschoolapps.com

PEMBERTON TOWNSHIP SCHOOLS

SEPTEMBER 2024 - PTHS & HFMS

Breakfast Menu - \$1.60



FUN FACT!

Fun Facts

about September

See other side for more.

What's the story, Morning Glory?

September has two birth flowers: the aster and the morning glory.

The aster is a member of the Daisy family, which also includes dahlias, marigolds, and sunflowers. They provide a pop of color as summer turns to fall.

Getting their name for the Greek word, "star," asters come in hundreds of varieties ranging from white and yellow to pink, purple, red, and blue.

Members of the Ipomoea genus, morning glory plants are known as fast-growing vines with a somewhat unique daily schedule: the flowers open in the morning and close up by the afternoon.

The flower's blue and purple colors are the most recognizable, but morning glories also appear in a range of pinks, reds, and whites. The flowers are trumpet-shaped, with five large petals arranged flat around the flower head, making them quite attractive to butterflies and hummingbirds.

Menu subject to

change. Questions?

Contact Barbara Wells,
Supervisor of Food

Services, at

609-893-5788 or

bwells@pemb.org

This institution is an
equal opportunity
provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL Labor Day 	3 NO SCHOOL for Students Staff Set-Up Day	4 NO SCHOOL for Students In-Service Day	5 NO SCHOOL for Students In-Service Day	6 1st Day of School! CEREAL OR POPTART Fruit and Milk SPECIAL SCHEDULE
9 CEREAL OR POPTART Fruit and Milk SPECIAL SCHEDULE	10 CEREAL OR POPTART Fruit and Milk	11 CEREAL OR MUFFIN Fruit and Milk	12 CEREAL OR POPTART Fruit and Milk	13 CEREAL OR POPTART Fruit and Milk
16 CEREAL OR POPTART Fruit and Milk	17 CEREAL OR POPTART Fruit and Milk	18 CEREAL OR MUFFIN Fruit and Milk	19 CEREAL OR POPTART Fruit and Milk	20 CEREAL OR POPTART Fruit and Milk
23 CEREAL OR POPTART Fruit and Milk	24 CEREAL OR POPTART Fruit and Milk	25 CEREAL OR MUFFIN Fruit and Milk	26 CEREAL OR POPTART Fruit and Milk	27 CEREAL OR POPTART Fruit and Milk
30 CEREAL OR POPTART Fruit and Milk			BACK-TO-SCHOOL NIGHTS HFMS - Thurs, 9/12 6:00pm PTHS - Tues, 9/24 6:00pm	

Milk Choice Offered Daily:
1% WHITE
2% WHITE

Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

You Can Pay For Meals Online: www.myschoolbucks.com
Apply for Free/Reduced Meals: www.myschoolapps.com