



# Preschool At Home Activities



Look at a book together. Ask questions like "Can you see the black cat?" or "do you see the red car with the black stripe?" etc. Point to them as you find them together.	Talk about feelings with your child. In front of a mirror make "happy, sad, mad, surprised, scared" faces together.	Play hide and seek with a favorite toy of your child's. Take turns hiding it and then looking for it. Describe while searching. "Is it under the table? On the couch? Etc.	Play a bowling game together. Stack some blocks or containers. Then roll a ball and knock them over. Repeat!	Doodle with your child. Provide them with lots of paper, thick pencils and crayons to create and doodle away.	Have a "blue" day. Wear something blue. Find things in your home or outside that are blue. Have a blue snack (blueberries, milk with blue food coloring, etc.)	With masking tape make a road on the floor, under the table, around a chair, over a pillow, etc. Then take small cars and drive them on the road.
With some clothes play dress up with your child, let them wear your clothes (t-shirts, scarves, shoes, socks) and wear some of theirs: pants on your head, socks on thumbs, etc.	Make a tea party or a picnic for your child and their stuffed animals/dolls. Pretend to feed and talk to the animals/dolls, ask them if they would want more, etc.	Look through some family pictures together. Talk about what is happening in the pictures. Ask your child who the people are in the picture also.	With a child sized blanket, wrap around your child and have them pretend to be a superhero or a ghost or a bird flying in the sky. Talk about what they see as they pretend.	Make a fort out of cushions, pillows, and blankets. Take a flashlight and read a story inside the fort when it is all built.	Sort a deck of cards together, by numbers or by colors or by shapes/suits.	Have a "red" day. Wear something that is "red". Cut out red hearts and decorate. Look for different things that are red in your home. Eat snacks that are "red" (apple, tomato, etc)
Talk about the concepts "big and little" show them examples within the house or outside (shadows, hands, feet, shoes, animals, etc.)	Make different animals sounds and see if your child can guess which animal. Ask "what animal makes this sound ____?"	Encourage your child to draw faces of family members and of themselves. Encourage them to describe features and people as they draw.	Sing the "Wheels on The Bus" and do the actions as you sing.	Talk about rhyming words or words that sound the same. Explore what words rhyme with "cat". Write them down together, so they can see.	Talk about feelings, act out different emotions and then like charades ask them to guess how you are feeling, by looking at their	Fill a bag with different items from the house and small toys. Have them reach in and grab one item and then have them guess by feeling (not peeking) and ask "what is it?"
Have a "purple" day. Wear something purple. Mix blue and red food colored water together to make purple. Eat purple grapes. Find something purple.	Make a book with your child. It is a story book, so have your child tell you a story and write it in the book. Try to write in it daily and read at bedtime.	In your conversations or when looking at a book use position words like "in, out, under, on, beside, in front of" etc.	Cut a cereal box picture or greeting card into four or five pieces and then have your child put back together.	With sticks or straws, make the letters of your child's name together. See if they can copy the letters with the stick patterns.	Have your child help you sort laundry by color (whites, reds, blue and blacks, etc.) Have them help you to put the laundry in and out of the machines.	With alphabet shaped noodles or cereal. Find a letter then see if your child can find one that looks like it.
Stack blocks or small boxes. Count as you stack and see how high you can build before they topple!	Name a variety of farm or zoo animals and talk about whether they are big or small.	Imitate animals and their movements and see if your child can guess what you are acting out.				<b>Calendar # 2</b>