



PEMBERTON TOWNSHIP SCHOOLS
LUNCH MENU
PRESCHOOL OCTOBER 2019



**MY
SCHOOL
BUCKS**

PAY FOR MEALS ONLINE

MySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHICKEN NUGGETS-13g CARROTS STEAMED RICE-22g	2 CHEESESTEAK SANDWICH-34g BAKED BEANS	3 TURKEY ALFREDO W/PASTA-25g BROCCOLI	4 WORLD SMILE DAY CHEESY PIZZA-30g SMILEY FRIES
7 CHEESEBURGER W/BUN-28g POTATO WEDGES	8 SOFT TACO W/CHEESE-28g RICE-22g REFRIED BEANS	9 GRILLED CHEESE-31g TOMATO SOUP	10 TURKEY W/GRAVY-3g MASHED POTATOES CRANBERRY SAUCE ROLL-23g	11 STAFF IN SERVICE NO SCHOOL FOR STUDENTS
14 COLUMBUS DAY NO SCHOOL 	15 FRENCH TOAST-35G W/EGGS-1g DICED POTATOES	16 TURKEY & CHEESE HOAGIE-37g CARROTS & DIP CHIPS	17 CHICKEN NUGGETS-13g BUTTERED NOODLES-21g BAKED BEANS	18 PEPPERONI PIZZA-31g SALAD W/DRESSING
21 CHICKEN PATTY SANDWICH-33g CARROT COINS	22 NACHOS SUPREME-29g RICE-22g REFRIED BEANS	23 SPAGHETTI W/MEATBALLS-58g PEAS	24 BBQ CHICKEN SANDWICH-23g CARROTS	25 CHEESY PIZZA-30g STEAMED SPINACH
28 CHICKEN FAJITA OVER RICE-24g PEPPERS & ONIONS	29 CHILI & CHEESE-38g CORN BREAD-28g GREEN BEANS	30 TURKEY CLUB SANDWICH-36g ROASTED BROCCOLI	31 HALLOWEEN PRETZEL MELT-41g BAKED BEANS	FRUIT CHOICE OFFERED DAILY CANNED FRUIT FRESH FRUIT

LUNCH PRICE \$2.85 REDUCED PRICE .40 MILK .60 JUICE .50

Questions, contact Barbara Wells, Supervisor, Food Services at 609-893-5788 or bwells@pemb.org This institution is an equal opportunity provider.

**PEMBERTON TOWNSHIP SCHOOLS
PRESCHOOL BREAKFAST MENU**

DAILY OFFERING
MONDAY
CHEESE STICK-0g
TUESDAY & THURSDAY
ASSORTED CEREAL-22g (Whole Grain, Reduced Sugar Cereal)
WEDNESDAY
HARD BOILED EGG-.06g
FRIDAY
ASSORTED MUFFIN-25g
SERVED WITH CHOICE OF:
GOLDFISH GIANT- 19g or GRAHAM CRACKERS-16g
AND
CANNED FRUIT or FRESH FRUIT
AND
MILK



Did you know that if you receive
free or reduced lunch that you
are entitled to free or reduced breakfast also?



**BREAKFAST PRICE \$ 1.40, REDUCED PRICE .30, MILK .60 and JUICE .50.
MENU SUBJECT TO CHANGE. QUESTIONS, CONTACT BARBARA WELLS at bwells@pemb.org or 609-893-7606.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**