

PEMBERTON TOWNSHIP SCHOOLS



NOVEMBER 2024 - PRESCHOOL Lunch Menu w/ Entrée Carb Count - \$3.10

LUNCH



FUN FACT!

Fun Facts about November

See other side for more.

Individuals born in November can choose between two sunny gemstones to brighten up this chilly month - Topaz and Citrine.

While topaz is available in a variety of colors, golden yellow (or imperial topaz) is the signature color for the November birthstone. Topaz is a semiprecious stone that occurs as a mineral crystal in granite and lava rock. In its purest form, topaz is colorless, but when impurities begin to form, gorgeous hues appear, like blue, pink, and an orange similar to citrine. Yellow topaz and citrine look so similar, in fact, that they've often been mistaken for one another throughout history. They are unrelated minerals, however, as citrine is a variety of quartz. It owes its color to traces of iron in its composition. It is rare to find citrine in nature, and many citrine gems found in the jewelry market are the result of heat-treating amethyst and smoky quartz.

Menu subject to change. Questions? Contact Barbara Wells, Supervisor of Food Services, at **609-893-5788** or **bwells@pemb.org**
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Why do turkeys gobble? Because they never learned table manners.</p>		<p>1</p> <p>TACO BOWL-29g Black Beans Salsa</p>
<p>4</p> <p>SPAGHETTI w/ MEATBALLS-26g Corn</p>	<p>5</p> <p>CHICKEN PATTY w/BUN-41g Vegetarian Beans</p>	<p>6</p> <p>CHEESY PIZZA-29g Broccoli</p>	<p>7</p> <p>NO SCHOOL NJEA Convention</p>	<p>8</p> <p>NO SCHOOL NJEA Convention</p>
<p>11</p> <p>NO SCHOOL Veterans Day </p>	<p>12</p> <p>CHICKEN NUGGETS-16g Au Gratin Potatoes</p>	<p>13</p> <p>CHEESEBURGER w/BUN-27g Baked Beans</p>	<p>14</p> <p>PIZZA-29g Spinach</p>	<p>15</p> <p>LOADED FRIES-35g Carrots Fritos</p>
<p>18</p> <p>CHEESESTEAK WRAP-25g Carrots</p>	<p>19</p> <p>CHICKEN PATTY PARM-19g Side Salad</p>	<p>20</p> <p>TURKEY w/GRAVY-2g Mashed Potatoes Dinner Roll Green Beans</p>	<p>21</p> <p>PERSONAL PIZZA-32g Spinach</p>	<p>22</p> <p>FISH STICKS-11g Vegetarian Beans</p>
EARLY DISMISSAL DAYS				
<p>25</p> <p>MOZZARELLA STICKS-33g Marinara Sauce Spinach</p>	<p>26</p> <p>FRENCH TOAST STICKS w/ SAUSAGE LINKS-39g Smile Fries</p>	<p>27</p> <p>CHEESY PIZZA-29g Roast Chickpeas Broccoli</p>	<p>28</p> <p>Thanksgiving NO SCHOOL Thanksgiving Break </p>	<p>29</p> <p>NO SCHOOL Thanksgiving Break</p>
EARLY DISMISSAL DAYS				

Milk Choice Offered Daily:
1% WHITE

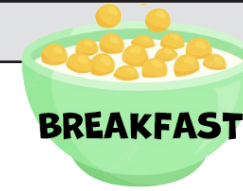
Fruit Choice Offered Daily:
**FRESH FRUIT
CANNED FRUIT**

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PEMBERTON TOWNSHIP SCHOOLS



NOVEMBER 2024 - PRESCHOOL Breakfast Menu - \$1.40



BREAKFAST

FUN FACT!

Fun Facts about November

See other side for more.

Why does the time "Fall Back" in November?

Some people look forward to an extra hour of sleep. Some dread coming home from work/school in the dark. So, why do we do it? Daylight Saving Time (DST) was first implemented in the U.S. in 1918, to save on energy costs during WWI (not to benefit farmers - a common myth) and to get more use out of natural daylight during the longer spring & summer days. Following WWII, there was no uniform time in the U.S., which caused confusion among different states and regions. The Uniform Time Act of 1966 put DST into federal law and also established official time zones. The law allowed States to opt out of DST, but also prohibited them from observing it year round. Arizona and Hawaii are the only 2 states that stick to standard time all year. DST starts on the 2nd Sunday in March and ends on the 1st Sunday in November. So as we resume standard time on **Sunday, November 4th - don't forget to set your clocks back and change the batteries in your smoke detectors!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Have an <i>Attitude of Gratitude!</i></p>				<p>1</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>
<p>4</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>5</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>6</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>7</p> <p>NO SCHOOL NJEA Convention</p>	<p>8</p> <p>NO SCHOOL NJEA Convention</p>
<p>11</p> <p>NO SCHOOL Veterans Day</p>	<p>12</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>13</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>14</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>15</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>
<p>18</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>19</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>20</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>21</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>22</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>
EARLY DISMISSAL DAYS				
<p>25</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>26</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>27</p> <p>CEREAL OR MUFFIN Fruit and Milk</p>	<p>28</p> <p>Thanksgiving</p> <p>NO SCHOOL Thanksgiving Break</p>	<p>29</p> <p>NO SCHOOL Thanksgiving Break</p>
EARLY DISMISSAL DAYS				

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