

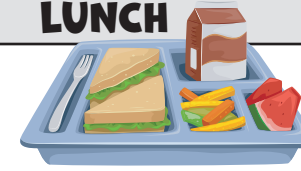
PEMBERTON TOWNSHIP SCHOOLS



MARCH 2025 - PRESCHOOL

Lunch Menu w/ Entrée Carb Count - \$3.10

LUNCH



FUN FACT!

Fun Facts about March

See other side for more.

For the lucky people with March birthdays, two birthstones are associated with this early spring month: aquamarine and bloodstone. Aquamarine's name comes from the Latin for seawater, and ancient mariners claimed the gem would calm waves and keep sailors safe at sea. This blue to blue-green member of the beryl family (like emeralds) grows in large, six-sided crystals that can be up to a foot long.

The second birthstone for March is bloodstone, a dark-green gemstone flecked with vivid red spots of iron oxide, which resemble "blood". Bloodstone (or blood jasper) is actually chalcedony, a cryptocrystalline quartz. There are two forms of bloodstone: heliotrope, which is more transparent with red spots, and plasma, which is more opaque and has little or no red spots. Bloodstone may not have the overt beauty of aquamarine, but many people value this gemstone for its symbolism and other properties.

Menu subject to change. Questions? Contact Barbara Wells, Supervisor of Food Services, at 609-893-5788 or bwells@pemb.org This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHEESEBURGER-27g French Fries	4 CHICKEN & CHEESE QUESADILLA-23g Salsa Corn	5 TACO BOWL-29g Lettuce & Tomato Black Beans	6 GRILLED CHEESE-29g Tomato Soup	7 MEATBALL PARM SUB-29g Broccoli
10 CHICKEN NUGGETS-16g Sweet Potatoes Goldfish Cracker	11 HAM & CHEESE HOAGIE-39g Baby Carrots w/ Dip	12 BBQ CHICKEN WRAP-22g Spinach	13 PERSONAL PIZZA-32g Side Salad	14 FISH STICKS-11g Baked Beans
EARLY DISMISSAL DAYS				
17 St. Patrick's Day MOZZARELLA STICKS-33g Marinara Sauce Corn	18 PULLED PORK w/BUN-36g Side Salad	19 ROAST TURKEY-0g Dinner Roll-17g Mashed Potatoes & Gravy-17g	20 CHILI w/ RICE-24g Kidney Beans	21 EGG, HAM & CHEESE CROISSANT-31g Peas & Carrots
24 CHICKEN PATTY-37g Sweet Potato Fries	25 BIG MAC SALAD-22g Dinner Roll-17g Kidney Beans	26 SPAGHETTI w/MEAT SAUCE-26g Side Salad	27 PERSONAL PIZZA-32g Green Beans	28 PANCAKES w/ SAUSAGE-27g Potato Wedges
31 DILL TURKEY PATTY w/BUN-44g Baby Carrots w/ Dip				

Milk Choice Offered Daily:
1% WHITE

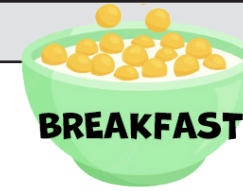
Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

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PEMBERTON TOWNSHIP SCHOOLS



MARCH 2025 - PRESCHOOL Breakfast Menu - \$1.40



BREAKFAST

FUN FACT!

Fun Facts about March

See other side for more.

In Like a Leo, Out Like an Aries
You may have heard the weather proverb, "If March comes in like a lion, it will go out like a lamb," which means that if the month starts off stormy, it will end with mild weather. There is, however, a different interpretation: The constellation Leo, the lion, rises in the east at the beginning of March. Thus, the month "comes in like a lion," while Aries, the ram, sets in the west at the end of the month, and hence, the month "will go out like a lamb."

What's Behind the Name
March is named for the Roman god of war, Mars. This was the time of year to resume military campaigns that had been interrupted by winter. In the early Roman calendar, March (or Martius) was the 1st month of the calendar year. As March brought the 1st day of spring with the vernal equinox, it was the start of new beginnings. March became the 3rd month when January and February, which were added to the end of the Roman calendar around 700 BCE, instead became the 1st and 2nd months around 450 BCE.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CEREAL OR MUFFIN Fruit and Milk	4 CEREAL OR MUFFIN Fruit and Milk	5 CEREAL OR MUFFIN Fruit and Milk	6 CEREAL OR MUFFIN Fruit and Milk	7 CEREAL OR MUFFIN Fruit and Milk
10 CEREAL OR MUFFIN Fruit and Milk	11 CEREAL OR MUFFIN Fruit and Milk	12 CEREAL OR MUFFIN Fruit and Milk	13 CEREAL OR MUFFIN Fruit and Milk	14 CEREAL OR MUFFIN Fruit and Milk
EARLY DISMISSAL DAYS				
17 St. Patrick's Day  CEREAL OR MUFFIN Fruit and Milk	18 CEREAL OR MUFFIN Fruit and Milk	19 CEREAL OR MUFFIN Fruit and Milk	20 CEREAL OR MUFFIN Fruit and Milk	21 CEREAL OR MUFFIN Fruit and Milk
24 CEREAL OR MUFFIN Fruit and Milk	25 CEREAL OR MUFFIN Fruit and Milk	26 CEREAL OR MUFFIN Fruit and Milk	27 CEREAL OR MUFFIN Fruit and Milk	28 CEREAL OR MUFFIN Fruit and Milk
31 CEREAL OR MUFFIN Fruit and Milk	Each petal on the shamrock brings a wish your way for good health, good luck, & happiness today and every day! 			

Milk Choice Offered Daily:
1% WHITE

Fruit Choice Offered Daily:
**FRESH FRUIT
CANNED FRUIT**

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