

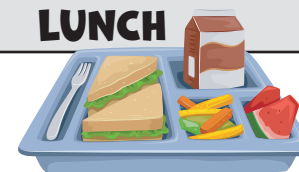
PEMBERTON TOWNSHIP SCHOOLS



MARCH 2024 - PTHS & HFMS

Lunch Menu w/ Entrée Carb Count - \$3.05


LUNCH




FUN FACT!

Fun Facts about Ireland & St. Patrick's Day


See other side for more.

 **St. Paddy's or St. Patty's?**
If you want to shorten the name of the holiday, it's called St. Paddy's Day, not St. Patty's Day. This is because the name Patrick is actually "Padraig" in the Gaelic language!

 **Can I see some ID?**
St. Patrick wasn't Irish and his name wasn't Patrick. He was actually born in Britain near the end of the 4th century. Historians believe his real name was Maewyn Succat and that he picked up the name "Padraig," or "Patrick," (which comes from the Latin term for "father") when he became a priest.

 **Speaking of Names**
The place with the longest name in Ireland is Muckanaghederdauhaulia in Galway. Other long names include Illaungraffanavranganagh in Clare, Glassillaunvealnacurra in Galway, Ballywinterourkewood in Limerick and Corragunnagalliaghdoe Island in Mayo.

Menu subject to change. Questions?
Contact Barbara Wells,
Supervisor of Food
Services, at
609-893-5788 or
bwells@pemb.org
This institution is an
equal opportunity
provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>May the Kindness you Show Return and Overflow!</p> 				<p>1</p> <p>BUFFALO CHICKEN WRAP-23g Carrots</p>
<p>4</p> <p>CHEESEBURGER w/BUN-27g Smile Fries</p>	<p>5</p> <p>CHICKEN PATTY w/BUN-41g Vegetarian Beans</p>	<p>6</p> <p>PRETZEL MELT SANDWICH-47g Carrots</p>	<p>7</p> <p>CHEESY PIZZA-47g Side Salad</p>	<p>8</p> <p>MEATBALL PARM-53g Spinach</p>
EARLY DISMISSAL DAYS				
<p>11</p> <p>CHICKEN TAQUITOS-42g Salsa Sweet Potato Fries</p>	<p>12</p> <p>HAM & CHEESE PANINI-57g Roasted Chick Peas</p>	<p>13</p> <p>ROCK & ROLL BEEF WRAP-39g Broccoli</p>	<p>14</p> <p>PEPPERONI PIZZA-45g Spinach</p>	<p>15</p> <p>CHEESESTEAK-44g Peppers & Onions Corn</p>
<p>18</p> <p>HOT DOG w/BUN-25g Mixed Bean Salad</p>	<p>19</p> <p>GRILLED CHEESE-29g Tomato Soup</p>	<p>20</p> <p>DICED CHICKEN & GRAVY-4g Mashed Potatoes Broccoli Oatmeal Raisin Cookie-5g</p>	<p>21</p> <p>PERSONAL PIZZA-32g Corn</p>	<p>22</p> <p>PASTA w/MEAT SAUCE-34g Peas</p>
<p>25</p> <p>EGG, SAUSAGE & CHEESE on MUFFIN-24g Spinach</p>	<p>26</p> <p>TURKEY & CHEESE HOAGIE-46g Lettuce & Tomato Potato Chips</p>	<p>27</p> <p>SOFT TACO-27g Salsa Black Beans</p>	<p>27</p> <p>CHEESY PIZZA-47g Side Salad</p>	<p>29</p> <p>NO SCHOOL - SPRING BREAK!</p>

Milk Choice Offered Daily:
1% WHITE
FAT FREE CHOCOLATE
STRAWBERRY

Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

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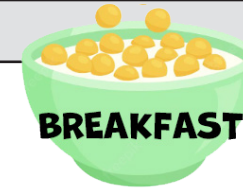
EARLY DISMISSAL

PEMBERTON TOWNSHIP SCHOOLS



MARCH 2024 - PTHS & HFMS

Breakfast Menu - \$1.60



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Fun Facts about Ireland & St. Patrick's Day

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Shamrocks and 4-Leaf Clovers are not the same
A shamrock is a three-leaf clover and a symbol of Ireland. Legend has it that St. Patrick used the shamrock as a visual aid when he first introduced Christianity to Ireland. Four-leaf clovers are a variation of the three-leaf clover and are believed to bring good luck. The chances of finding a four-leaf clover are about 1 in 10,000, so if you do happen to find one, consider yourself lucky. They are used interchangeably, but only the Shamrock is associated with Ireland. If you're ever in doubt, just remember: three leaves for Ireland, four leaves for luck.



An Island Divided
The southern part of the island is The Republic of Ireland and is a sovereign state of around 5 million people, whereas Northern Ireland is part of the United Kingdom (UK). There is no physical border between the two, but there are many differences between them including customs, currency and governance.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>What's the difference between wisdom and luck?</i> <i>One is clever. The other is clover.</i>				1 CEREAL OR POPTART Cracker, Fruit and Milk
4 CEREAL OR POPTART Cracker, Fruit and Milk	5 CEREAL OR POPTART Cracker, Fruit and Milk	6 CEREAL OR MUFFIN Cracker, Fruit and Milk	7 CEREAL OR POPTART Cracker, Fruit and Milk	8 CEREAL OR POPTART Cracker, Fruit and Milk
EARLY DISMISSAL DAYS				
11 CEREAL OR POPTART Cracker, Fruit and Milk	12 CEREAL OR POPTART Cracker, Fruit and Milk	13 CEREAL OR MUFFIN Cracker, Fruit and Milk	14 CEREAL OR POPTART Cracker, Fruit and Milk	15 CEREAL OR POPTART Cracker, Fruit and Milk
18 CEREAL OR POPTART Cracker, Fruit and Milk	19 CEREAL OR POPTART Cracker, Fruit and Milk	20 CEREAL OR MUFFIN Cracker, Fruit and Milk	21 CEREAL OR POPTART Cracker, Fruit and Milk	22 CEREAL OR POPTART Cracker, Fruit and Milk
25 CEREAL OR POPTART Cracker, Fruit and Milk	26 CEREAL OR POPTART Cracker, Fruit and Milk	27 CEREAL OR MUFFIN Cracker, Fruit and Milk	28 CEREAL OR POPTART Cracker, Fruit and Milk	29 NO SCHOOL - SPRING BREAK!

Milk Choice Offered Daily:
1% WHITE
2% WHITE

Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

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EARLY DISMISSAL