

**PEMBERTON TOWNSHIP SCHOOLS
ELEMENTARY AND NEWCOMB MARCH 2022
LUNCH MENU WITH ENTRÉE CARB COUNT**



Monday		Tuesday		Wednesday		Thursday		Friday						
		1	PRETZEL MELT-58g CARROTS	C	2	FISH TACOS-34g STEAMED RICE-24g GREEN BEANS	D	3	CHICKEN PATTY SANDWICH-37g VEGETARIAN BEANS	E	4	PASTA W/MEAT SAUCE-52g SPINACH	F	
<i>Daily alternatives: PBJ-32g; French Bread Pizza-29g</i>														
7	EARLY DISMISSAL A CHEESY PIZZA-30g CORN	8	EARLY DISMISSAL B CHEESEBURGER W/BUN-28g ONION RINGS ROASTED GARBANZO BEANS	B	9	EARLY DISMISSAL C BREAKFAST BURRITO-24g SWEET POTATO FRIES	C	10	EARLY DISMISSAL D MEATBALL PARM SANDWICH-52g PEPPERS & ONIONS	D	11	EARLY DISMISSAL E LOADED FRIES-48g BROCCOLI CORN CHIPS	E	
<i>Daily alternatives: PBJ-32g; Hot Dog on Bun-21g</i>														
14	EGG HAM CHEESE MUFFIN-29g MIXED VEGGIES	F	15	NACHO SUPREME-29g PINTO BEANS	A	16	NO SCHOOL FOR STUDENTS STAFF IN SERVICE	17	ST. PATRICKS DAY B BEEF STIR FRY-45g STEAMED RICE-24g BROCCOLI	B	18	GRILLED CHEESE SANDWICH-31g TOMATO SOUP	C	
<i>Daily alternatives: PBJ-32g; Chicken Patty Sandwich-37g</i>														
21	MAC & CHEESE-51g STEWED TOMATOES	D	22	PANCAKES W/SAUSAGE-26g SMILE FRIES	E	23	ITALIAN HOAGIE-43g POTATO CHIPS PEAS	F	24	CHICKEN NUGGETS-16g BAKED BEANS PRETZEL STICK-15g	A	25	MOZZARELLA STICKS-33g MARINARA SAUCE SPINACH	B
<i>Daily alternatives: PBJ-32g; Cheeseburger on Bun-28g</i>														
28	CORN DOG NUGGETS-31g VEGETARIAN BEANS	C	29	CHEESESTEAK SANDWICH-42g PEPPERS & ONIONS	D	30	TURKEY W/GRAVY-3g MASHED POTATOES SALAD W/DRESSING DINNER ROLL-25g	E	31	FRENCH TOAST STICKS-35g CARROTS SAUSAGE PATTY	F	MILK CHOICE OFFERED DAILY 1 % WHITE 1% CHOCOLATE FRUIT CHOICE OFFERED DAILY		
<i>Daily alternatives: PBJ-32g; Cheesy Pizza-30g</i>														

MENU SUBJECT TO CHANGE

Questions, contact Barbara Wells, Supervisor, Food Services at 609-893-5788 or bwells@pemb.org. This institution is an equal opportunity provider.

**PEMBERTON TOWNSHIP SCHOOLS
BREAKFAST MENU MARCH**



Monday	Tuesday	Wednesday	Thursday	Friday
	1 CEREAL OR POP-TART CRACKER FRUIT AND MILK	2 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	3 CEREAL OR POP-TART CRACKER FRUIT AND MILK	4 CEREAL OR POP-TART CRACKER FRUIT AND MILK
7 CEREAL OR POP-TART CRACKER FRUIT AND MILK	8 CEREAL OR POP-TART CRACKER FRUIT AND MILK	9 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	10 CEREAL OR POP-TART CRACKER FRUIT AND MILK	11 CEREAL OR POP-TART CRACKER FRUIT AND MILK
14 CEREAL OR POP-TART CRACKER FRUIT AND MILK	15 CEREAL OR POP-TART CRACKER FRUIT AND MILK	16 NO SCHOOL FOR STUDENTS STAFF IN SERVICE	17 CEREAL OR POP-TART CRACKER FRUIT AND MILK	18 CEREAL OR POP-TART CRACKER FRUIT AND MILK
21 CEREAL OR POP-TART CRACKER FRUIT AND MILK	22 CEREAL OR POP-TART CRACKER FRUIT AND MILK	23 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	24 CEREAL OR POP-TART CRACKER FRUIT AND MILK	25 CEREAL OR POP-TART CRACKER FRUIT AND MILK
28 CEREAL OR POP-TART CRACKER FRUIT AND MILK	29 CEREAL OR POP-TART CRACKER FRUIT AND MILK	30 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	31 CEREAL OR POP-TART CRACKER FRUIT AND MILK	MILK CHOICE OFFERED DAILY 1 % WHITE FF CHOCOLATE FRUIT CHOICE OFFERED DAILY

MENU SUBJECT TO CHANGE

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