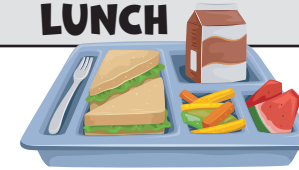


# PEMBERTON TOWNSHIP SCHOOLS

## LUNCH



**FUN FACT!**




## MARCH 2025 - ELEMENTARY & NEWCOMB Lunch Menu w/ Entrée Carb Count - \$3.10

### Fun Facts about March

See other side for more.

For the lucky people with March birthdays, two birthstones are associated with this early spring month: aquamarine and bloodstone. Aquamarine's name comes from the Latin for seawater, and ancient mariners claimed the gem would calm waves and keep sailors safe at sea. This blue to blue-green member of the beryl family (like emeralds) grows in large, six-sided crystals that can be up to a foot long. The second birthstone for March is bloodstone, a dark-green gemstone flecked with vivid red spots of iron oxide, which resemble "blood". Bloodstone (or blood jasper) is actually chalcedony, a cryptocrystalline quartz. There are two forms of bloodstone: heliotrope, which is more transparent with red spots, and plasma, which is more opaque and has little or no red spots. Bloodstone may not have the overt beauty of aquamarine, but many people value this gemstone for its symbolism and other properties.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>A</b> CHEESEBURGER-27g French Fries	4 <b>B</b> CHICKEN & CHEESE QUESADILLA-23g Salsa Corn	5 <b>C</b> SOFT TACO-27g Lettuce & Tomato Black Beans	6 <b>D</b> GRILLED CHEESE-29g Tomato Soup	7 <b>E</b> MEATBALL PARM SUB-29g Broccoli
10 <b>F</b> CHICKEN NUGGETS-16g Sweet Potatoes Goldfish Cracker	11 <b>A</b> HAM & CHEESE HOAGIE-39g Baby Carrots w/ Dip	12 <b>B</b> BBQ CHICKEN WRAP-22g Spinach	13 <b>C</b> PERSONAL PIZZA-32g Side Salad	14 <b>D</b> HOT DOG w/BUN-25g Baked Beans
<b>EARLY DISMISSAL DAYS</b>				
17 <b>St. Patrick's Day E</b> MOZZARELLA STICKS-33g Marinara Sauce Corn	18 <b>F</b> PULLED PORK TACOS-32g Lettuce & Tomato Salsa	19 <b>A</b> ROAST TURKEY-0g Dinner Roll-17g Mashed Potatoes & Gravy-17g	20 <b>B</b> CHILI w/ RICE-24g Kidney Beans	21 <b>C</b> EGG, HAM & CHEESE CROISSANT-31g Peas & Carrots
24 <b>D</b> CHICKEN PATTY-37g Sweet Potato Fries	25 <b>E</b> BIG MAC SALAD-22g Dinner Roll-17g Kidney Beans	26 <b>F</b> SPAGHETTI w/MEAT SAUCE-26g Side Salad	27 <b>A</b> PERSONAL PIZZA-32g Green Beans	28 <b>B</b> PANCAKES w/ SAUSAGE-27g Potato Wedges
31 <b>C</b> DILL TURKEY PATTY w/BUN-44g Baby Carrots w/ Dip				

### DAILY ALTERNATIVES

Mar 3-7: PBJ-32g; Turkey & Cheese Wrap-22g  
 Mar 10-14: PBJ-32g; Cheeseburger w/Bun-27g  
 Mar 17-21: PBJ-32g; Chicken Salad Wrap-23g  
 Mar 24-28: PBJ-32g; Turkey & Cheese Hoagie-38g  
 Mar 31-Apr 4: PBJ-32g; Ham & Cheese Wrap-23g

Milk Choice Offered Daily:  
**1% WHITE**  
**FAT FREE CHOCOLATE**  
**STRAWBERRY**

Fruit Choice Offered Daily:  
**FRESH FRUIT**  
**CANNED FRUIT**

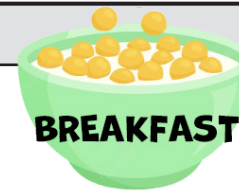
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Menu subject to change. Questions?  
 Contact Barbara Wells,  
 Supervisor of Food  
 Services, at  
**609-893-5788** or  
**bwells@pemb.org**  
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# PEMBERTON TOWNSHIP SCHOOLS



## MARCH 2025 - ELEMENTARY & NEWCOMB Breakfast Menu - \$1.40



**BREAKFAST**

**FUN FACT!**

### Fun Facts about March

See other side for more.

***In Like a Leo, Out Like an Aries***  
You may have heard the weather proverb, "If March comes in like a lion, it will go out like a lamb," which means that if the month starts off stormy, it will end with mild weather. There is, however, a different interpretation: The constellation Leo, the lion, rises in the east at the beginning of March. Thus, the month "comes in like a lion," while Aries, the ram, sets in the west at the end of the month, and hence, the month "will go out like a lamb."

#### What's Behind the Name

March is named for the Roman god of war, Mars. This was the time of year to resume military campaigns that had been interrupted by winter. In the early Roman calendar, March (or Martius) was the 1<sup>st</sup> month of the calendar year. As March brought the 1<sup>st</sup> day of spring with the vernal equinox, it was the start of new beginnings. March became the 3<sup>rd</sup> month when January and February, which were added to the end of the Roman calendar around 700 BCE, instead became the 1<sup>st</sup> and 2<sup>nd</sup> months around 450 BCE.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	A	4	B	5	C	6	D	7	E
CEREAL OR POPTART Fruit and Milk		CEREAL OR POPTART Fruit and Milk		CEREAL OR MUFFIN Fruit and Milk		CEREAL OR POPTART Fruit and Milk		CEREAL OR POPTART Fruit and Milk	
10	F	11	A	12	B	13	C	14	D
CEREAL OR POPTART Fruit and Milk		CEREAL OR POPTART Fruit and Milk		CEREAL OR MUFFIN Fruit and Milk		CEREAL OR POPTART Fruit and Milk		CEREAL OR POPTART Fruit and Milk	
<b>EARLY DISMISSAL DAYS</b>									
17	St. Patrick's Day	18	F	19	A	20	B	21	C
CEREAL OR POPTART Fruit and Milk		CEREAL OR POPTART Fruit and Milk		CEREAL OR MUFFIN Fruit and Milk		CEREAL OR POPTART Fruit and Milk		CEREAL OR POPTART Fruit and Milk	
24	D	25	E	26	F	27	A	28	B
CEREAL OR POPTART Fruit and Milk		CEREAL OR POPTART Fruit and Milk		CEREAL OR MUFFIN Fruit and Milk		CEREAL OR POPTART Fruit and Milk		CEREAL OR POPTART Fruit and Milk	
31	C	<p><i>Each petal on the shamrock brings a wish your way for good health, good luck, &amp; happiness today and every day!</i></p>							

Milk Choice Offered Daily:  
1% WHITE  
2% WHITE

Fruit Choice Offered Daily:  
FRESH FRUIT  
CANNED FRUIT

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