

**PEMBERTON TOWNSHIP SCHOOLS  
MAY 2022 ELEMENTARY & NEWCOMB  
LUNCH MENU WITH ENTRÉE CARB COUNT**



Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>CHICKEN NUGGETS-21g</b> BUTTERED NOODLES-24g	3 <b>MEATBALL SANDWICH-63g</b> SWEET CORN	4 <b>EARLY DISMISSAL</b> <b>PRETZEL MELT-62g</b> BABY CARROTS W/DIP	5 <b>CINCO DE MAYO</b> <b>TACO PASTA-34g</b> ROASTED GARBANZO BEANS	6 <b>RIB PATTY SANDWICH-40g</b> BROCCOLI
<i>DAILY ALTERNATIVES: PBJ-32g; CHEESEBURGER-28g</i>				
9 <b>CHEESE RAVIOLI-15g</b> GARLIC BREAD-24g CAULIFLOWER	10 <b>RANCHERO PIZZA-30g</b> SALAD W/DRESSING	11 <b>GRILLED CHEESE SANDWICH-31g</b> TOMATO SOUP	12 <b>BEEF &amp; BEAN BURRITO-40g</b> CARROTS	13 <b>CHICKEN STIR FRY-44g</b> STEAMED RICE-24g GREEN BEANS
<i>DAILY ALTERNATIVES: PBJ-32g; CHICKEN SALAD SANDWICH--25g</i>				
16 <b>FISH STICKS-22g</b> CALIFORNIA VEGGIE BLEND	17 <b>TURKEY &amp; CHEESE HOAGIE-41g</b> BABY CARROTS W/DIP POTATO CHIPS	18 <b>BAKED CHICKEN-3g</b> STEAMED RICE-24g SPINACH	19 <b>HOT DOG ON BUN-21g</b> BAKED BEANS	20 <b>TATOR TOT BAKE-24g</b> SWEET CORN
<i>DAILY ALTERNATIVES: PBJ-32g; BREAKFAST BURRITO-24g</i>				
23 <b>HAM EGG CHEESE</b> <b>CROISSANT-30g</b> POTATOES	24 <b>SPAGHETTI W/SAUCE-52g</b> GARLIC BREAD-27g SALAD W/DRESSING	25 <b>MASHED POTATO BOWL-31g</b> CORN PRETZEL STICK-15g	26 <b>CHEESEBURGER W/BUN-28g</b> MIXED BEANS	27 <b>PEPPERONI PIZZA POCKET-31g</b> OVEN ROASTED BROCCOLI
<i>DAILY ALTERNATIVES: PBJ-32g; HOT DOG W/BUN-21g</i>				
30 <b>MEMORIAL DAY</b>  NO SCHOOL	31 <b>CHEESESTEAK SANDWICH-42g</b> PEPPERS & ONIONS POTATO CHIPS			<b>MILK CHOICE OFFERED DAILY</b> 1% WHITE FF CHOCOLATE <b>FRUIT CHOICE OFFERED DAILY</b>
<i>DAILY ALTERNATIVES: PBJ-32g; CHEESY PIZZA-30g</i>				

MENU SUBJECT TO CHANGE

Questions, contact Barbara Wells, Supervisor, Food Services at 609-893-5788 or bwells@pemb.org. This institution is an equal opportunity provider.

**PEMBERTON TOWNSHIP SCHOOLS  
BREAKFAST MENU**



Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	3 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	4 <b>CEREAL OR MUFFIN</b> CRACKER FRUIT AND MILK	5 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	6 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK
9 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	10 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	11 <b>CEREAL OR MUFFIN</b> CRACKER FRUIT AND MILK	12 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	13 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK
16 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	17 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	18 <b>CEREAL OR MUFFIN</b> CRACKER FRUIT AND MILK	19 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	20 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK
23 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	24 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	25 <b>CEREAL OR MUFFIN</b> CRACKER FRUIT AND MILK	26 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	27 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK
30 <b>MEMORIAL DAY</b>  NO SCHOOL	31 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK			

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