

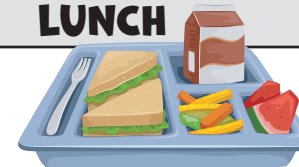
# PEMBERTON TOWNSHIP SCHOOLS



## JUNE 2024 - PRESCHOOL

### Lunch Menu w/ Entrée Carb Count - \$3.00

### LUNCH



**FUN FACT!**

### Fun Facts about Summer

See other side for more.

#### Dog days of summer

The phrase 'dog's days of summer' used to refer to sweltering summer days has more to do with the stars than dogs. The Roman's 'dies caniculares' began towards the end of July when the star Sirius (known as the Dog Star) began to rise in the sky just before the Sun. The star was so bright that the Romans believed it gave extra heat to the sun and was responsible for hot days in summer.

#### It's the most thundery time of the year

More thunderstorms occur during the summer than at any other time of the year. The warmth of summer often provides the perfect conditions of rising air and moisture required for the creation of thunderstorms.

Menu subject to change. Questions? Contact Barbara Wells, Supervisor of Food Services, at 609-893-5788 or [bwells@pemb.org](mailto:bwells@pemb.org) This institution is an equal opportunity provider.

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|--|---|--|---|
| 3<br><br>CHEESESTEAK-26g<br>Peppers & Onions                 | 4<br><br>CHICKEN STIR FRY<br>w/NOODLES-27g<br>Broccoli                         | 5<br><br>PANCAKES<br>w/SAUSAGE-27g<br>Carrots             | 6<br><br>PEPPERONI PIZZA-31g<br>Mixed Bean Salad | 7<br><br>MEATBALL PARM<br>SANDWICH-29g<br>Potato Wedges   |
| 10<br><br>CHICKEN PATTY<br>w/BUN-40g<br>Mixed Vegetables     | 11<br><br>TURKEY & CHEESE<br>HOAGIE-38g<br>Potato Chips-8g<br>Lettuce & Tomato | 12<br><br>CHEESEBURGER<br>w/BUN-27g<br>Sweet Potato Fries | 13<br><br>CHEESY PIZZA-29g<br>Spinach            | 14<br><br>BBQ CHICKEN<br>WRAP-23g<br>Carrots  |
| 17<br><b>EARLY DISMISSAL</b><br><br>PRETZEL MELT-47g<br>Peas | 18<br><b>EARLY DISMISSAL</b><br><br>COOK'S CHOICE                              | 19<br><b>EARLY DISMISSAL</b><br><br>COOK'S CHOICE         | 20<br><b>NO SCHOOL</b><br>SUMMER BREAK           | 21<br><b>DISTRICT CLOSED</b><br>JUNETEENTH<br><br> |
| 24   | 25   | 26  | 27   | 28  |

### NO SCHOOL SUMMER BREAK!



Pemberton Township Schools will be offering **FREE** Breakfast & Lunch again this summer to community residents 18 & under. Check the district webpage for more information including dates, times, and locations. [www.pemberton.k12.nj.us](http://www.pemberton.k12.nj.us)

Milk Choice Offered Daily:  
**1% WHITE**

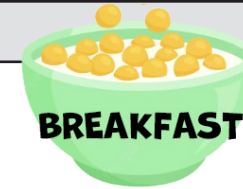
Fruit Choice Offered Daily:  
**FRESH FRUIT  
CANNED FRUIT**

You Can Pay For Meals Online: [www.myschoolbucks.com](http://www.myschoolbucks.com)  
Apply for Free/Reduced Meals: [www.myschoolapps.com](http://www.myschoolapps.com)

# PEMBERTON TOWNSHIP SCHOOLS



## JUNE 2024 - PRESCHOOL Breakfast Menu - \$1.40



**FUN FACT!**

### Fun Facts about Summer

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#### Crickets get chirpy


Crickets chirp faster in warmer temperatures because their muscles contract more quickly and their bodies have more energy. This relationship between air temperature and cricket chirping rate is known as Dolbear's Law. In theory, you can estimate the temperature by counting the number of chirps a cricket makes in a given amount of time and then applying a formula:

**Count the number of chirps in 14 seconds and add 40 to the total.**

For example:  
30 chirps + 40 = 70° F.

Keep in mind that crickets usually don't chirp when the temperature is below 55° F or above 100° F.

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| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY                                      | FRIDAY  |
|---|---|--|---|---|
| 3<br><br>CEREAL OR POPTART<br>Fruit and Milk                            | 4<br><br>CEREAL OR POPTART<br>Fruit and Milk                            | 5<br><br>CEREAL OR MUFFIN<br>Fruit and Milk                            | 6<br><br>CEREAL OR POPTART<br>Fruit and Milk  | 7<br><br>CEREAL OR POPTART<br>Fruit and Milk  |
| 10<br><br>CEREAL OR POPTART<br>Fruit and Milk                           | 11<br><br>CEREAL OR POPTART<br>Fruit and Milk                           | 12<br><br>CEREAL OR MUFFIN<br>Fruit and Milk                           | 13<br><br>CEREAL OR POPTART<br>Fruit and Milk | 14<br><br>CEREAL OR POPTART<br>Fruit and Milk   |
| 17<br><b>EARLY DISMISSAL</b><br><br>CEREAL OR POPTART<br>Fruit and Milk | 18<br><b>EARLY DISMISSAL</b><br><br>CEREAL OR POPTART<br>Fruit and Milk | 19<br><b>EARLY DISMISSAL</b><br><br>CEREAL OR MUFFIN<br>Fruit and Milk | 20<br><b>NO SCHOOL</b><br>SUMMER BREAK        | 21<br><b>DISTRICT CLOSED</b><br>JUNETEENTH<br> |
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Fruit Choice Offered Daily:  
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Apply for Free/Reduced Meals: [www.myschoolapps.com](http://www.myschoolapps.com)