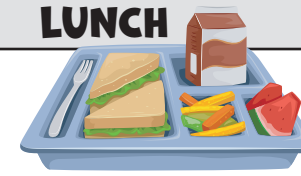


PEMBERTON TOWNSHIP SCHOOLS

JUNE 2023 - PTHS & HFMS

Lunch Menu w/ Entrée Carb Count - \$3.05

LUNCH



FUN FACT!

Fun Facts about Mother's & Father's Day

See other side for more.

Moving Holidays - Like Mother's Day, Father's Day is not a static holiday. It is celebrated on the 3rd Sunday in June. Mother's Day is always the 2nd Sunday in May.

#s 3 & 4 for Cards - Behind Valentine's Day, and Christmas, Mother's Day is the third and Father's Day is the fourth-largest card-sending holiday in the U.S., according to Hallmark.

Most Popular Gifts - Mother's Day is the 3rd highest selling holiday for flowers and plants. Around approximately one quarter of all the flowers purchased throughout the year are bought for Mother's Day. It also tends to be the busiest day of the year for restaurants. A tie is the most commonly purchased item of clothing for a Father's Day gift, but the 3rd most common gift behind electronic gadgets and a day or meal out. After that, gift cards are the next most popular gift for dads on Father's Day.

Menu subject to change. Questions? Contact Barbara Wells, Supervisor of Food Services, at 609-893-5788 or bwells@pemb.org This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 CHEESEBURGER - 28g French Fries Baked Beans	2 PICK YOUR OWN PIZZA - 43g Peas
5 CHEESESTEAK - 42g Peppers & Onions Baby Carrots	6 BBQ CHICKEN WRAP - 23g Garbanzo Beans	7 BAKED PASTA w/MEAT SAUCE - 52g Broccoli	8 SAUSAGE & EGG MUFFIN - 24g Carrots	9 CHICKEN NUGGETS - 22g Buttered Noodles - 17g Corn
12 SPAGHETTI & MEATBALLS - 44g Garlic Bread - 14g	13 SOFT TACO - 28g Lettuce, Tomato & Salsa Black Beans	14 EARLY DISMISSAL FRENCH TOAST STICKS w/ SAUSAGE - 43g Potatoes	15 EARLY DISMISSAL PIZZA - 43g Spinach	16 NO SCHOOL JUNETEENTH
19 EARLY DISMISSAL COOK'S CHOICE	20	21	22	23
<p align="center">NO SCHOOL SUMMER BREAK!</p>				
26	27	28	29	30

Pemberton Township Schools will be offering **FREE** Breakfast & Lunch again this summer to community residents 18 & under. Check the district webpage for more information including dates, times, and locations. www.pemberton.k12.nj.us
Meals Must Be Eaten In The Building. No Take-Out Meals Available.

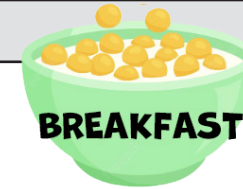
Milk Choice Offered Daily:
1% WHITE
FAT FREE CHOCOLATE
STRAWBERRY

Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

You Can Pay For Meals Online: www.myschoolbucks.com
Apply for Free/Reduced Meals: www.myschoolapps.com

PEMBERTON TOWNSHIP SCHOOLS

JUNE 2023 - PTHS & HFMS Breakfast Menu - \$1.60



FUN FACT!

Fun Facts about Mother's & Father's Day

See other side for more.

Origins - Following the Civil War, Mother's Day was originally envisioned as a "Mother's Day for Peace", in which women would protest against war. The basis of today's version was started by Anna Reeves Jarvis in an effort to honor her mother, who had called for "Mothers Work Days" to improve conditions for soldiers on both sides during the Civil War. She persuaded President Woodrow Wilson to sign Mother's Day into law in 1914.

Sonora Smart Dodd pushed for an equivalent observance for fathers in 1910 as a way to celebrate her own father who was a veteran of the Civil War and widower who had raised six children. While there were annual local observances and a national proclamation in 1966, it took until 1972 when President Richard Nixon signed a law to allow for permanent recognition of Father's Day.

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This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 CEREAL OR POPTART Cracker, Fruit and Milk	2 CEREAL OR POPTART Cracker, Fruit and Milk
5 CEREAL OR POPTART Cracker, Fruit and Milk	6 CEREAL OR POPTART Cracker, Fruit and Milk	7 CEREAL OR MUFFIN Cracker, Fruit and Milk	8 CEREAL OR POPTART Cracker, Fruit and Milk	9 CEREAL OR POPTART Cracker, Fruit and Milk
12 CEREAL OR POPTART Cracker, Fruit and Milk	13 CEREAL OR POPTART Cracker, Fruit and Milk	14 EARLY DISMISSAL CEREAL OR MUFFIN Cracker, Fruit and Milk	15 EARLY DISMISSAL CEREAL OR POPTART Cracker, Fruit and Milk	16 NO SCHOOL JUNETEENTH
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Milk Choice Offered Daily:
1% WHITE
FAT FREE CHOCOLATE
STRAWBERRY

Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

You Can Pay For Meals Online: www.myschoolbucks.com
Apply for Free/Reduced Meals: www.myschoolapps.com