


**PEMBERTON TOWNSHIP SCHOOLS
JUNE 2022 ELEMENTARY & NEWCOMB
LUNCH MENU WITH ENTRÉE CARB COUNT**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 EARLY DISMISSAL CHICKEN PATTY SANDWICH-37g SWEET POTATO FRIES	2 GRILLED CHEESE SANDWICH-31g TOMATO SOUP	3 CHICKEN QUESADILLA-21g GARBANZO BEANS
<i>DAILY ALTERNATIVES: PBJ- 32g; CHEESY PIZZA-30g</i>				
6 CHICKEN CAESAR WRAP-26g CAULIFLOWER	7 SPAGHETTI W/MEATSAUCE-52g SALAD W/DRESSING	8 BAKED CHICKEN-3g BUTTERED NOODLES-23g CARROTS	9 CHEESEBURGER W/BUN-28g BLACK BEANS	10 PRETZEL MELT-45g FRENCH FRIES
<i>DAILY ALTERNATIVES: PBJ-32g; TUNA SANDWICH-29g</i>				
13 EGG & HAM MUFFIN-31g DICED POTATOES	14 CHICKEN BUFFALO RANCH WRAP-22g SALAD W/DRESSING	15 HOT DOG W/BUN-21g MIXED BEANS	16 EARLY DISMISSAL MEATBALL SANDWICH-52g GREEN BEANS	17 NO SCHOOL JUNETEENTH 
<i>DAILY ALTERNATIVES: PBJ-32g; CHEESEBURGER W/BUN-30g</i>				
20 EARLY DISMISSAL CHEESY PIZZA-30g ROASTED BROCCOLI	21 EARLY DISMISSAL COOK'S CHOICE CARROTS	22	23	24
27	28	29	30	MILK CHOICE OFFERED DAILY 1% WHITE FF CHOCOLATE FRUIT CHOICE OFFERED DAILY

MENU SUBJECT TO CHANGE

Questions, contact Barbara Wells, Supervisor, Food Services at 609-893-5788 or bwells@pemb.org. This institution is an equal opportunity provider.

**PEMBERTON TOWNSHIP SCHOOLS
BREAKFAST MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	2 CEREAL OR POP-TART CRACKER FRUIT AND MILK	3 CEREAL OR POP-TART CRACKER FRUIT AND MILK
6 CEREAL OR POP-TART CRACKER FRUIT AND MILK	7 CEREAL OR POP-TART CRACKER FRUIT AND MILK	8 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	9 CEREAL OR POP-TART CRACKER FRUIT AND MILK	10 CEREAL OR POP-TART CRACKER FRUIT AND MILK
13 CEREAL OR POP-TART CRACKER FRUIT AND MILK	14 CEREAL OR POP-TART CRACKER FRUIT AND MILK	15 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	16 CEREAL OR POP-TART CRACKER FRUIT AND MILK	17 JUNETEENTH NO SCHOOL
20 CEREAL OR POP-TART CRACKER FRUIT AND MILK	21 CEREAL OR POP-TART CRACKER FRUIT AND MILK	22	23	24
27	28	29	#	

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