#### PEMBERTON TOWNSHIP SCHOOLS



### JUNE 2024 - ELEMENTARY & NEWCOMB

Lunch Menu w/ Entrée Carb Count - \$3.00



# Fun Facts

**about Summer**See other side for more.

#### Dog days of summer

The phrase 'dogs days of summer' used to refer to sweltering summer days has more to do with the stars than dogs. The Roman's 'dies caniculares' began towards the end of July when the star Sirius (known as the Dog Star) began to rise in the sky just before the Sun.

The star was so bright that the Romans believed it gave extra heat to the sun and was responsible for hot days in summer.

## It's the most thundery time of the year

More thunderstorms occur during the summer than at any other time of the year. The warmth of summer often provides the perfect conditions of rising air and moisture required for the creation of thunderstorms.

Menu subject to change. Questions?
Contact Barbara Wells, Supervisor of Food Services, at 609-893-5788 or bwells@pemb.org

This institution is an equal opportunity provider.

Editer Wend W/ Entree ears count \$5.00						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
CHEESESTEAK-26g Peppers & Onions	CHICKEN STIR FRY w/NOODLES-50g Broccoli	HOT DOG w/BUN-25g Carrots	6 F PEPPERONI PIZZA-31g Mixed Bean Salad	7 MEATBALL PARM SANDWICH-29g Potato Wedges		
10 B	11 C	12 D	13 E	14 <b>F</b>		
CHICKEN PATTY w/BUN-40g Mixed Vegetables	TURKEY & CHEESE HOAGIE-38g Potato Chips-8g Lettuce & Tomato	CHEESEBURGER w/BUN-27g Sweet Potato Fries	CHEESY PIZZA-29g Spinach	BBQ CHICKEN WRAP-23g Carrots		
17 A	18 B	19 C	20	21		
EARLY DISMISSAL	EARLY DISMISSAL	EARLY DISMISSAL	NO SCHOOL	DISTRICT CLOSED		
PRETZEL MELT-47g Peas	COOK'S CHOICE	COOK'S CHOICE	SUMMER BREAK	JUNETEENTH		
24	25	26	27	28		
NO SCHOOL SUMMER BREAK!						
	** 3		*			

Pemberton Township Schools will be offering FREE Breakfast & Lunch again this summer to community residents 18 & under.

Check the district webpage for more information including dates, times,

and locations. www.pemberton.k12.nj.us

#### **DAILY ALTERNATIVES**

June 3-7: PBJ-32g, Chicken Salad Wrap-24g June 10-14: PBJ-32g, Chicken Nuggets-16g June 17-19: PBJ-32g, Cheeseburger w/Bun-27g

Milk Choice Offered Daily:

1% WHITE FAT FREE CHOCOLATE STRAWBERRY Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

You Can Pay For Meals Online: www.myschoolbucks.com Apply for Free/Reduced Meals: www.myschoolapps.com

#### PEMBERTON TOWNSHIP SCHOOLS



## JUNE 2024 - ELEMENTARY & NEWCOMB



Breakfast Menu - \$1.40

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 C	4 D	5 E	6 F	7 <b>A</b>	
CEREAL OR POPTART Fruit and Milk	CEREAL OR POPTART Fruit and Milk	CEREAL OR MUFFIN Fruit and Milk	CEREAL OR POPTART Fruit and Milk	CEREAL OR POPTART Fruit and Milk	
10 B	11 C	12 D	13 E	14 F	
CEREAL OR POPTART Fruit and Milk	CEREAL OR POPTART Fruit and Milk	CEREAL OR MUFFIN Fruit and Milk	CEREAL OR POPTART Fruit and Milk	CEREAL OR POPTART  Fruit and Milk	
17 A	18 B	19 C	20	21	
EARLY DISMISSAL	EARLY DISMISSAL	EARLY DISMISSAL	NO SCHOOL	DISTRICT CLOSED	
CEREAL OR POPTART Fruit and Milk	CEREAL OR POPTART Fruit and Milk	CEREAL OR MUFFIN Fruit and Milk	SUMMER BREAK	JUNETEENTH	
24	25	26	27	28	
NO SCHOOL SUMMER BREAK!					
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Milk Choice Offered Daily:

1% WHITE 2% WHITE

Fruit Choice Offered Daily:
FRESH FRUIT
CANNED FRUIT

You Can Pay For Meals Online: www.myschoolbucks.com Apply for Free/Reduced Meals: www.myschoolapps.com

## Fun Facts about Summer

See other side for more.

#### Crickets get chirpy

Crickets chirp faster in warmer temperatures because their muscles contract more quickly and their bodies have more energy. This relationship between air temperature and cricket chirping rate is known as Dolbear's Law. In theory, you can estimate the temperature by counting the number of chirps a cricket makes in a given amount of time and then applying a formula:

# Count the number of chirps in 14 seconds and add 40 to the total.

For example: 30 chirps + 40 = 70° F.

Keep in mind that crickets usually don't chirp when the temperature is below 55° F or above 100° F.

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