

# PEMBERTON TOWNSHIP SCHOOLS

## ELEMENTARY JANUARY 2021 LUNCH MENU WITH ENTRÉE CARB COUNT

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>NO SCHOOL</b> <b>HAPPY NEW YEAR</b>
4 <b>CORN DOG NUGGETS-31g</b> CARROTS	5 <b>CHICKEN QUESADILLA-21g</b> GARBANZO BEANS	6 <b>SAUSAGE EGG MUFFIN-27g</b> SWEET POTATO FRIES	7 <b>CHEESEBURGER W/BUN-28g</b> CORN	8 <b>CHEESY PIZZA-30g</b> BROCCOLI
11 <b>HOT DOG ON BUN-21g</b> BEANS	12 <b>OVEN ROASTED CHICKEN-3g</b> RICE-21g AND CARROTS	13 <b>PIZZA-42g</b> BROCCOLI	14 <b>SOFT TACO W/CHEESE-28g</b> CORN AND SALSA	15 <b>GRILLED HAM W/CHEESE-41g</b> PEAS
18 <b>NO SCHOOL</b> <b>MARTIN LUTHER KING, JR.</b>	19 <b>PIZZA-42g</b> CORN	20 <b>TURKEY W/GRAVY-3g</b> MASHED POTATOES ROLL-23	21 <b>SPAGHETTI W/MEATSAUCE-52g</b> GREEN BEANS	22 <b>BBQ PULLED PORK SANDWICH-49g</b> BROCCOLI
25 <b>CHICKEN W/GRAVY-3g</b> BUTTERED NOODLES-23g CORN	26 <b>PANCAKES W/SAUSAGE-26g</b> POTATO WEDGES	27 <b>BEEF BURRITO-30g</b> SPICY REFRIED BEANS	28 <b>PEPERONI PIZZA-31g</b> PEPPERS & ONIONS	29 <b>NO SCHOOL</b> <b>STAFF IN SERVICE</b>

MENU SUBJECT TO CHANGE

Questions, contact Barbara Wells, Supervisor, Food Services at 609-893-5788 or bwells@pemb.org. This institution is an equal opportunity provider.

**PEMBERTON TOWNSHIP SCHOOLS**  
**JANUARY 2021 BREAKFAST MENU**

	Tuesday	Wednesday	Thursday	Friday
				1 <b>HAPPY NEW YEAR</b>  <b>NO SCHOOL</b>
4 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	5 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	6 <b>CEREAL OR MUFFIN</b> CRACKER FRUIT AND MILK	7 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	8 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK
11 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	12 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	13 <b>CEREAL OR MUFFIN</b> CRACKER FRUIT AND MILK	14 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	15 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK
18 <b>NO SCHOOL</b>  <b>MARTIN LUTHER KING, JR.</b>	22 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	23 <b>CEREAL OR MUFFIN</b> CRACKER FRUIT AND MILK	24 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	25 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK
25 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	26 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	27 <b>CEREAL OR MUFFIN</b> CRACKER FRUIT AND MILK	28 <b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK	<b>CEREAL OR POP-TART</b> CRACKER FRUIT AND MILK

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