

PEMBERTON TOWNSHIP SCHOOLS


DECEMBER 2020

LUNCH MENU WITH ENTRÉE CARB COUNT

DAILY COLD OPTIONS:

SANDWICH OF THE DAY OR PBJ

MILK OFFERED DAILY


Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHEESY PASTA BAKE-61g GREEN BEANS	2 BAGEL PIZZA-32g SPINACH	3 HOT DOG ON BUN-21g BAKED BEANS	4 CHICKEN PARM GRILLED CHEESE-46g FRENCH FRIES
7 CHEESY PIZZA-30g PEAS	8 TERIYAKI CHICKEN-44g W/RICE-21g AND BROCCOLI	9 MEATBALL SUB-50g CARROTS	10 PRETZEL MELT-47g ROASTED GARBANZO BEANS	11 GRILLED CHEESE SANDWICH-31g TOMATO SOUP
14 BBQ CHICKEN WRAP-27g GREEN BEANS	15 BEEF A RONI-52g CARROTS	16 FRENCH BREAD PIZZA-33g SALAD W/DRESSING	17 CHICKEN TACOS-28g BLACK BEAN SALSA	18 WAFFLE W/SAUSAGE-35g POTATO WEDGES
21 PULLED PORK SANDWICH-49g SWEET CORN	22 CHICKEN NUGGETS-16g SWEET POTATO FRIES	23 <i>EARLY DISMISSAL</i> PEPPERONI PIZZA-31g BROCCOLI	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	1 

MENU SUBJECT TO CHANGE

Questions, contact Barbara Wells, Supervisor, Food Services at 609-893-5788 or bwells@pemb.org. This institution is an equal opportunity provider.

PEMBERTON TOWNSHIP SCHOOLS

DECEMBER 2020 BREAKFAST MENU

	Tuesday	Wednesday	Thursday	Friday
	1 CEREAL OR POP-TART CRACKER FRUIT AND MILK	2 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	3 CEREAL OR POP-TART CRACKER FRUIT AND MILK	4 CEREAL OR POP-TART CRACKER FRUIT AND MILK
7 CEREAL OR POP-TART CRACKER FRUIT AND MILK	8 CEREAL OR POP-TART CRACKER FRUIT AND MILK	9 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	10 CEREAL OR POP-TART CRACKER FRUIT AND MILK	11 CEREAL OR POP-TART CRACKER FRUIT AND MILK
14 CEREAL OR POP-TART CRACKER FRUIT AND MILK	15 CEREAL OR POP-TART CRACKER FRUIT AND MILK	16 CEREAL OR MUFFIN CRACKER FRUIT AND MILK	17 CEREAL OR POP-TART CRACKER FRUIT AND MILK	18 CEREAL OR POP-TART CRACKER FRUIT AND MILK
21 CEREAL OR POP-TART CRACKER FRUIT AND MILK	22 CEREAL OR POP-TART CRACKER FRUIT AND MILK	23 <i>EARLY DISMISSAL</i> CEREAL OR MUFFIN CRACKER FRUIT AND MILK	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	1 

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