## **LUNCH**

## **AUGUST**

Monday	Tuesday	Wednesday	Thursday	Friday	
PRETZEL MELT SANDWICH-58g	2 PANCAKES W/SAUSAGE-26g	3 CHICKEN PATTY SANDWICH-37g	4 CHEESESTEAK SANDWICH-42g	5 CHILI CHEESE FRIES-38g	
CORN	POTATOES	PEAS	BABY CARROTS	BEANS	
8 CHICKEN WRAP SANDWICH-23g	9 HAM & CHEESE HOAGIE-41g	10 FRENCH TOAST STICKS-38g	11 HOT DOG ON BUN-21g	12 RANCHO PIZZA-30g	
ROASTED GARBANZO BEANS	LETTUCE & TOMATO SWEET CORN	WITH SAUSAGE CARROTS	VEGETARIAN BEANS	SALAD W/DRESSING	
MOZZARELLA STICKS-33g GREEN BEANS MARINARA SAUCE	16 CHEESEBURGER ON BUN-28 SWEET POTATO FRIES	17 CHICKEN TERIYAKI-30g W NOODLES-18g BROCCOLI	18 PEPPERONI PIZZA POCKET-25g SPINACH	19 BUFFALO CHICKEN WRAP-22g CORN	
22 HAM & EGG CROISSANT-31g BEANS	PASTA W/ MEATSAUCE-34g MOZZARELLA BREADSTICKS	24  CHICKEN TENDERS-1g  CELERY STICKS W/DIP  ONION RINGS	25 CHEESE PIZZA-28g SWEET CORN	26 GRILLED CHEESE-31g TOMATO SOUP	
				MILK CHOICE OFFERED DAILY  1% WHITE  FF CHOCOLATE  FRUIT CHOICE OFFERED DAIL	
	1	MENU SUBJECT TO CHANGE	<u> </u>	<u> </u>	

Questions, contact Barbara Wells, Supervisor, Food Services at 609-893-5788 or bwells@pemb.org. This institution is an equal opportunity provider.

## **BREAKFAST**

## **AUGUST**

Monday  REAL OR POP-TART  CRACKER  FRUIT AND MILK  REAL OR POP-TART  CRACKER  FRUIT AND MILK	2 CEREAL OR POP-T CRACKER FRUIT AND MILE  9 CEREAL OR POP-T CRACKER FRUIT AND MILE	CRACKER FRUIT AND MILK  10 CEREAL OR MUFFIN CRACKER	Thursday  4  CEREAL OR POP-TART CRACKER FRUIT AND MILK  11  CEREAL OR POP-TART CRACKER FRUIT AND MILK	Friday  5  CEREAL OR POP-TART CRACKER FRUIT AND MILK  12  CEREAL OR POP-TART CRACKER
CRACKER FRUIT AND MILK  REAL OR POP-TART CRACKER	9 CEREAL OR POP-1 CRACKER FRUIT AND MILE  9 CEREAL OR POP-1 CRACKER	CEREAL OR MUFFIN CRACKER FRUIT AND MILK  10 CEREAL OR MUFFIN CRACKER	CEREAL OR POP-TART CRACKER FRUIT AND MILK  11 CEREAL OR POP-TART CRACKER	CEREAL OR POP-TART CRACKER FRUIT AND MILK  12 CEREAL OR POP-TART CRACKER
CRACKER FRUIT AND MILK  REAL OR POP-TART CRACKER	9 CEREAL OR POP-1 CRACKER	CRACKER FRUIT AND MILK  10 CEREAL OR MUFFIN CRACKER	CRACKER FRUIT AND MILK  11 CEREAL OR POP-TART CRACKER	CRACKER FRUIT AND MILK  12 CEREAL OR POP-TART CRACKER
FRUIT AND MILK  REAL OR POP-TART  CRACKER	9 CEREAL OR POP-1 CRACKER	TART CEREAL OR MUFFIN CRACKER	11 CEREAL OR POP-TART CRACKER	12 CEREAL OR POP-TART CRACKER
REAL OR POP-TART CRACKER	9 CEREAL OR POP-1 CRACKER	TART CEREAL OR MUFFIN CRACKER	11  CEREAL OR POP-TART  CRACKER	12 CEREAL OR POP-TART CRACKER
CRACKER	CEREAL OR POP-1 CRACKER	CEREAL OR MUFFIN CRACKER	CEREAL OR POP-TART CRACKER	CEREAL OR POP-TART CRACKER
CRACKER	CRACKER	CRACKER	CRACKER	CRACKER
FRUIT AND MILK	FRUIT AND MILE	FRUIT AND MILK	FRUIT AND MILK	
				FRUIT AND MILK
	16	17	18	19
REAL OR POP-TART	CEREAL OR POP-1		CEREAL OR POP-TART	CEREAL OR POP-TART
CRACKER	CRACKER	CRACKER	CRACKER	CRACKER
FRUIT AND MILK	FRUIT AND MILE		FRUIT AND MILK	FRUIT AND MILK
	23	24	25	26
REAL OR POP-TART			CEREAL OR POP-TART	CEREAL OR POP-TART
CRACKER	CRACKER	CRACKER	CRACKER	CRACKER
FRUIT AND MILK	FRUIT AND MILE	FRUIT AND MILK	FRUIT AND MILK	FRUIT AND MILK
				MILK CHOICE OFFERED DAIL
				1% WHITE
	CRACKER	CRACKER CEREAL OR POP-T CRACKER	CRACKER CRACKER CEREAL OR POP-TART CEREAL OR MUFFIN  CRACKER CRACKER	EAL OR POP-TART CRACKER  CRACKER